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Alcoholics Anonymous The Sober Truth The Recovery Revolution  
US of AA Rational Recovery Cure and Cult in Ancient Corinth The  
Cult of Trump Hollywood Park The Cult of Smart Alcoholics  
Anonymous Cure The Urge Resisting 12-step Coercion The Water  
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Healing, Disease and Placebo in Graeco-Roman Asclepius Temples  
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Healing in Fifth-Century Greece Dionysus When Prophecy Fails  
Adventures in the Orgasmatron The Secret The Matter of Piety Cure  
and Cult in Ancient Corinth

The Matter of Piety provides the first in-depth study of Zoutleeuw's exceptionally well-preserved pilgrimage church in a comparative perspective, and reevaluates religious art and material culture in Netherlandish piety from the late Middle Ages through the crisis of iconoclasm and the Reformation to Catholic restoration. Analyzing the changing functions, outlooks, and meanings of devotional objects - monumental sacrament houses, cult statues and altarpieces, and small votive offerings or relics - Ruben Suykerbuyk revises dominant narratives about Catholic culture and patronage in the

Low Countries. Rather than being a paralyzing force, the Reformation incited engaged counterinitiatives, and the vitality of late medieval devotion served as the fertile ground from which the Counter-Reformation organically grew under Protestant impulses. "This study of Dionysus . . . is also a new theology of Early Greece." —Publishers Weekly "An original analysis . . . of the spiritual significance of the Greek myth and cult of Dionysus." —Theology Digest

Dr. John E. Sarno's groundbreaking research on TMS (Tension Myoneural Syndrome) reveals how stress and other psychological factors can cause back pain—and how you can be pain free without drugs, exercise, or surgery. Dr. Sarno's program has helped thousands of patients find relief from chronic back conditions. In this New York Times bestseller, Dr. Sarno teaches you how to identify stress and other psychological factors that cause back pain and demonstrates how to heal yourself—without drugs, surgery or exercise. Find out: Why self-motivated and successful people are prone to Tension Myoneural Syndrome (TMS) How anxiety and repressed anger trigger muscle spasms How people condition themselves to accept back pain as inevitable With case histories and the results of in-depth mind-body research, Dr. Sarno reveals how you can recognize the emotional roots of your TMS and sever the connections between mental and physical pain...and start recovering from back pain today.

In the 1960s, as illegal drug use grew from a fringe issue to a pervasive public concern, a new industry arose to treat the addiction epidemic. Over the next five decades, the industry's leaders promised to rehabilitate the casualties of the drug culture even as incarceration rates for drug-related offenses climbed. In this history of addiction treatment, Claire D. Clark traces the political shift from the radical communitarianism of the 1960s to the conservatism of the Reagan era, uncovering the forgotten origins of today's recovery movement. Based on extensive interviews with drug-rehabilitation professionals and archival research, *The Recovery Revolution* locates the history of treatment

activists' influence on the development of American drug policy. Synanon, a controversial drug-treatment program launched in California in 1958, emphasized a community-based approach to rehabilitation. Its associates helped develop the therapeutic community (TC) model, which encouraged peer confrontation as a path to recovery. As TC treatment pioneers made mutual aid profitable, the model attracted powerful supporters and spread rapidly throughout the country. The TC approach was supported as part of the Nixon administration's "law-and-order" policies, favored in the Reagan administration's antidrug campaigns, and remained relevant amid the turbulent drug policies of the late twentieth and early twenty-first centuries. While many contemporary critics characterize American drug policy as simply the expression of moralizing conservatism or a mask for racial oppression, Clark recounts the complicated legacy of the "ex-addict" activists who turned drug treatment into both a product and a political symbol that promoted the impossible dream of a drug-free America. In 2004, Kentaro Toyama, an award-winning computer scientist, moved to India to start a new research group for Microsoft. Its mission: to explore novel technological solutions to the world's persistent social problems. Together with his team, he invented electronic devices for under-resourced urban schools and developed digital platforms for remote agrarian communities. But after a decade of designing technologies for humanitarian causes, Toyama concluded that no technology, however dazzling, could cause social change on its own. Technologists and policy-makers love to boast about modern innovation, and in their excitement, they exuberantly tout technology's boon to society. But what have our gadgets actually accomplished? Over the last four decades, America saw an explosion of new technologies – from the Internet to the iPhone, from Google to Facebook – but in that same period, the rate of poverty stagnated at a stubborn 13%, only to rise in the recent recession. So, a golden age of innovation in the world's most

advanced country did nothing for our most prominent social ill. Toyama's warning resounds: Don't believe the hype! Technology is never the main driver of social progress. Geek Heresy inoculates us against the glib rhetoric of tech utopians by revealing that technology is only an amplifier of human conditions. By telling the moving stories of extraordinary people like Patrick Awuah, a Microsoft millionaire who left his lucrative engineering job to open Ghana's first liberal arts university, and Tara Sreenivasa, a graduate of a remarkable South Indian school that takes children from dollar-a-day families into the high-tech offices of Goldman Sachs and Mercedes-Benz, Toyama shows that even in a world steeped in technology, social challenges are best met with deeply social solutions. Named one of Vulture's Top 10 Best Books of 2020!

Leftist firebrand Fredrik deBoer exposes the lie at the heart of our educational system and demands top-to-bottom reform. Everyone agrees that education is the key to creating a more just and equal world, and that our schools are broken and failing. Proposed reforms variously target incompetent teachers, corrupt union practices, or outdated curricula, but no one acknowledges a scientifically-proven fact that we all understand intuitively: Academic potential varies between individuals, and cannot be dramatically improved. In *The Cult of Smart*, educator and outspoken leftist Fredrik deBoer exposes this omission as the central flaw of our entire society, which has created and perpetuated an unjust class structure based on intellectual ability. Since cognitive talent varies from person to person, our education system can never create equal opportunity for all. Instead, it teaches our children that hierarchy and competition are natural, and that human value should be based on intelligence. These ideas are counter to everything that the left believes, but until they acknowledge the existence of individual cognitive differences, progressives remain complicit in keeping the status quo in place. This passionate, voice-driven manifesto demands that we embrace a new goal for education: equality of outcomes. We must create a

world that has a place for everyone, not just the academically talented. But we'll never achieve this dream until the Cult of Smart is destroyed. One of The Economist's 2011 Books of the Year A Boston Globe Best Nonfiction Book of 2011 Well before the 1960s, a sexual revolution was under way in America, led by expatriated European thinkers who saw a vast country ripe for liberation. In *Adventures in the Orgasmatron*, Christopher Turner tells the revolution's story—an illuminating, thrilling, often bizarre story of sex and science, ecstasy and repression. Central to the narrative is the orgone box—a tall, slender construction of wood, metal, and steel wool. A person who sat in the box, it was thought, could elevate his or her "orgastic potential." The box was the invention of Wilhelm Reich, an outrider psychoanalyst who faced a federal ban on the orgone box, an FBI investigation, a fraught encounter with Einstein, and bouts of paranoia. In Turner's vivid account, Reich's efforts anticipated those of Alfred Kinsey, Herbert Marcuse, and other prominent thinkers—efforts that brought about a transformation of Western views of sexuality in ways even the thinkers themselves could not have imagined. Reprint of an edition published in New York in 1937 by Oxford University Press. “A gripping, sinister fable!” —Margaret Atwood, via Twitter ONE OF THE BEST BOOKS OF THE YEAR: NPR • GLAMOUR • GOOD HOUSEKEEPING • LIT HUB • THRILLIST

King has tenderly staked out a territory for his wife and three daughters, Grace, Lia, and Sky. Here on his island, women are protected from the chaos and violence of men on the mainland. The cult-like rituals and therapies they endure fortify them from the spreading toxicity of a degrading world. But when King disappears and two men and a boy wash ashore, the sisters' safe world begins to unravel. Over the span of one blistering hot week, a psychological cat-and-mouse game plays out. Sexual tensions and sibling rivalries flare as the sisters are forced to confront the amorphous threat the strangers represent. A haunting, riveting debut, *The Water Cure* is a fiercely poetic

feminist revenge fantasy that's a startling reflection of our time. A "spellbinding" tale of a headstrong young woman, a mysterious hypnotist, and a battle for freedom in early twentieth-century Oregon (School Library Journal). Olivia Mead is a headstrong, independent young suffragist in an age that prefers its girls to be docile. It's 1900 in Oregon, and Olivia's father, concerned that she's headed for trouble, convinces a stage mesmerist to try to hypnotize the rebellion out of her. But the hypnotist, an intriguing man named Henri Reverie, gives her a terrible gift instead: she's able to see people's true natures, manifesting as visions of darkness and goodness, while also unable to speak her true thoughts out loud. These supernatural challenges only make Olivia more determined to speak her mind, and so she's drawn into a dangerous relationship with the hypnotist and his mysterious motives, all while secretly fighting for the rights of women. Cat Winters, award-winning author of *The Uninvited*, breathes new life into history once again with an atmospheric, vividly real story, including archival photos and art from the period throughout. This well researched, painstakingly documented book provides detailed information on the right-wing evangelical organization (Oxford Group Movement) that gave birth to AA; the relation of AA and its program to the Oxford Group Movement; AA's similarities to and differences from religious cults; AA's remarkable ineffectiveness; and the alternatives to AA. The greatly expanded second edition includes a new chapter on AA's relationship to the treatment industry, and AA's remarkable influence in the media. In this new book Janet brings together the latest understanding of holy well lore as 75 topic-by-topic descriptions. There is also a list of 25 recommended wells to visit. The 135 illustrations include historic photographs of wells and rituals. Delving deeply into ancient medical history, Bronwen L. Wickkiser explores the early development and later spread of the cult of Asklepios, one of the most popular healing gods in the ancient Mediterranean. Though Asklepios had been known as a

healer since the time of Homer, evidence suggests that large numbers of people began to flock to the cult during the fifth century BCE, just as practitioners of Hippocratic medicine were gaining dominance. Drawing on close readings of period medical texts, literary sources, archaeological evidence, and earlier studies, Wickkiser finds two primary causes for the cult's ascendance: it filled a gap in the market created by the refusal of Hippocratic physicians to treat difficult chronic ailments and it abetted Athenian political needs. Wickkiser supports these challenging theories with side-by-side examinations of the medical practices at Asklepios' sanctuaries and those espoused in Hippocratic medical treatises. She also explores how Athens' aspirations to empire influenced its decision to open the city to the healer-god's cult. In focusing on the fifth century and by considering the medical, political, and religious dimensions of the cult of Asklepios, Wickkiser presents a complex, nuanced picture of Asklepios' rise in popularity, Athenian society, and ancient Mediterranean culture. The intriguing and sometimes surprising information she presents will be valued by historians of medicine and classicists alike. FOREWORD BY GUY

**KAWASAKI** Presentation designer and internationally acclaimed communications expert Garr Reynolds, creator of the most popular Web site on presentation design and delivery on the Net — [presentationzen.com](http://presentationzen.com) — shares his experience in a provocative mix of illumination, inspiration, education, and guidance that will change the way you think about making presentations with PowerPoint or Keynote. Presentation Zen challenges the conventional wisdom of making "slide presentations" in today's world and encourages you to think differently and more creatively about the preparation, design, and delivery of your presentations. Garr shares lessons and perspectives that draw upon practical advice from the fields of communication and business. Combining solid principles of design with the tenets of Zen simplicity, this book will help you along the path to simpler, more effective presentations.

Hundreds of life-size human limbs made from terracotta, including the remains of at least 125 human hands, testify to the efficacy of the medicine practiced at the Asklepieion, on the hillside north of ancient Corinth. Made as votive gifts to thank the god for a cure, these were among many extraordinary finds made during excavations at the Temple of Asklepios and Lerna spring between 1929 and 1934. As well as providing a helpful guide to the site, this fascinating booklet also offers a unique insight into the work of physicians in the Greek world, and the types of diseases they had to contend with. This book follows the evidence for Asclepius' supplicants from the moment in which they realized that they were sick until the healing experiences, which they might have had at the asclepieia. From a historical perspective, the main features of the Asclepius cult, as they were shaped mainly in the Hellenistic and Roman periods, are examined. The cult is situated in the wider political, social, cultural, and intellectual contexts of the Graeco-Roman era, in which Asclepius' reputation as a divine physician spread. Social interactions and multiple neurocognitive processes are examined, which would have influenced supplicants' perceptions, choices, and reasoning about health and sickness, and attracted thousands of visitors to the Asclepius temples. The influence of the cult environment on the minds and bodies of supplicants is investigated in order to show how the cult context would have prepared supplicants for the incubation ritual. Modern theories on placebo effects are taken into consideration in order to investigate the possibility of healing at the asclepieia as a result of supplicants' self-healing mechanisms. Finally, the ways in which supplicants might have interpreted their personal experiences during incubation are examined. Every year, over one million Americans are coerced into 12-step treatments. Peele, a psychologist, attorney, and outspoken critic of the addiction treatment industry, provides intellectual, practical, and scientific background for lay people and professionals to fight against coerced referrals to 12-step addiction



treatment and groups. He refutes the disease concept of alcoholism and addiction, describes ways people are coerced into treatment, analyzes evidence for the effectiveness of 12-step treatment, and looks at alternatives

Annotation copyrighted by Book News, Inc., Portland, OR. **\*\*THE INSTANT NEW YORK TIMES BESTSELLER\*\*** “A Gen-X This Boy’s Life...Music and his fierce brilliance boost Jollett; a visceral urge to leave his background behind propels him to excel... In the end, Jollett shakes off the past to become the captain of his own soul. Hollywood Park is a triumph.” —O, The Oprah Magazine "This moving and profound memoir is for anyone who loves a good redemption story." —Good Morning America, 20 Books We're Excited for in 2020 "Several years ago, Jollett began writing Hollywood Park, the gripping and brutally honest memoir of his life. Published in the middle of the pandemic, it has gone on to become one of the summer’s most celebrated books and a New York Times best seller..." —Los Angeles Magazine

**HOLLYWOOD PARK** is a remarkable memoir of a tumultuous life. Mikel Jollett was born into one of the country’s most infamous cults, and subjected to a childhood filled with poverty, addiction, and emotional abuse. Yet, ultimately, his is a story of fierce love and family loyalty told in a raw, poetic voice that signals the emergence of a uniquely gifted writer. We were never young. We were just too afraid of ourselves. No one told us who we were or what we were or where all our parents went. They would arrive like ghosts, visiting us for a morning, an afternoon. They would sit with us or walk around the grounds, to laugh or cry or toss us in the air while we screamed. Then they’d disappear again, for weeks, for months, for years, leaving us alone with our memories and dreams, our questions and confusion. ... So begins Hollywood Park, Mikel Jollett’s remarkable memoir. His story opens in an experimental commune in California, which later morphed into the Church of Synanon, one of the country’s most infamous and dangerous cults. Per the leader’s mandate, all children, including

Jollett and his older brother, were separated from their parents when they were six months old, and handed over to the cult's "School." After spending years in what was essentially an orphanage, Mikel escaped the cult one morning with his mother and older brother. But in many ways, life outside Synanon was even harder and more erratic. In his raw, poetic and powerful voice, Jollett portrays a childhood filled with abject poverty, trauma, emotional abuse, delinquency and the lure of drugs and alcohol. Raised by a clinically depressed mother, tormented by his angry older brother, subjected to the unpredictability of troubled step-fathers and longing for contact with his father, a former heroin addict and ex-con, Jollett slowly, often painfully, builds a life that leads him to Stanford University and, eventually, to finding his voice as a writer and musician.

Hollywood Park is told at first through the limited perspective of a child, and then broadens as Jollett begins to understand the world around him. Although Mikel Jollett's story is filled with heartbreak, it is ultimately an unforgettable portrayal of love at its fiercest and most loyal. Finally, there is a cure for alcoholism. This is the first step. Featuring new and updated information and studies, including an introduction by actress Claudia Christian, the second edition of *The Cure for Alcoholism* delivers exactly what millions of alcoholics and families of alcoholics have been hoping for: a painless, dignified, and medically proven cure for their addiction. Backed by 82 clinical trials and research that extends back to 1964, *The Sinclair Method* deploys an opiate-blocking medication in a very specific way—in combination with ongoing drinking—to extinguish the addictive "software" in the brain. The de-addiction process rolls back the addictive mechanism in the brain to its original pre-addicted state—before the first drink was consumed, making this program an actual cure for alcoholism. Drs. Roy Eskapa and David Sinclair of *The Sinclair Method* have put together a sound scientific book that proves that with this particular method, alcoholism can be cured in more than 78 percent of patients. What's

more, the treatment avoids the dangerous withdrawal symptoms, allowing patients to detox gradually and safely while they are still drinking. This removes the need for expensive and unpleasant inpatient rehabilitation programs. Actual drinking levels and cravings automatically decrease until control over alcohol is restored. The bottom line is that patients can control their drinking or stop altogether with the simple yet powerful process outlined in *The Cure for Alcoholism*. Including a new introduction by actress Claudia Christian about The Sinclair Method's impact on her life, updated trial information, and a letter explaining the treatment that can be given to doctors by patients, *The Cure for Alcoholism* is a revolutionary book for anyone who wants to gain control over drinking. The tenth-anniversary edition of the book that changed lives in profound ways, now with a new foreword and afterword. In 2006, a groundbreaking feature-length film revealed the great mystery of the universe—*The Secret*—and, later that year, Rhonda Byrne followed with a book that became a worldwide bestseller. Fragments of a Great Secret have been found in the oral traditions, in literature, in religions and philosophies throughout the centuries. For the first time, all the pieces of *The Secret* come together in an incredible revelation that will be life-transforming for all who experience it. In this book, you'll learn how to use *The Secret* in every aspect of your life—money, health, relationships, happiness, and in every interaction you have in the world. You'll begin to understand the hidden, untapped power that's within you, and this revelation can bring joy to every aspect of your life. *The Secret* contains wisdom from modern-day teachers—men and women who have used it to achieve health, wealth, and happiness. By applying the knowledge of *The Secret*, they bring to light compelling stories of eradicating disease, acquiring massive wealth, overcoming obstacles, and achieving what many would regard as impossible. In *US of AA*, Miller shares the never-before-told story of how in the aftermath of prohibition America's top scientists helped launch a

movement that would give rise to a multi-million-dollar treatment industry and a new government agency devoted to alcoholism that has made available millions of dollars for research. Despite the fact that this research showed that alcoholism is a complex disease requiring an array of treatment strategies, among which Alcoholics Anonymous (AA) is one of the least effective, money continued to flow to treatment facilities using approaches similar to AA. Five years in the making, his brilliant, in-depth investigative reporting into the history, politics and science of alcoholism will show how AA became our nation's de facto treatment policy, even as evidence for more effective remedies accumulated. US of AA is a character-driven, beautifully written exposé, full of secrecy, irony, liquor industry money, the shrillest of scare tactics and, at its center, a grand deception. In the tradition of Crazy by Pete Earley, and David Goldhill's Catastrophic Care, US of AA shines a much-needed spotlight on the addiction treatment industry. It will forever change the way we think about the entire enterprise. The basic text for Alcoholics Anonymous. Politicians and the media tell us that people who take drugs, including alcohol or nicotine, cannot help themselves. They are supposedly victims of the disease of 'addiction', and they need 'treatment'. The same goes for sex addicts, shopping addicts, food addicts, gambling addicts, or even addicts to abusive relationships. This theory, which grew out of the Temperance movement and was developed and disseminated by the religious cult known as Alcoholics Anonymous, has not been confirmed by any factual research. Numerous scientific studies show that 'addicts' are in control of their behavior. Contrary to the shrill, mindless propaganda of the 'war on drugs', very few of the people who use alcohol, marijuana, heroin, or cocaine will ever become 'addicted', and of those who do become heavy drug users, most will matruue out of it in time, without treatment. Research indicates that 'treatment' is completely ineffective, an absolute waste of time and money. Instead of looking at drub addiction as a disease,

Dr. Schaler proposes that we view it as willful commitment or dedication, akin to joining a religion or pursuing a romantic involvement. While heavy consumption of drugs is often foolish and self-destructive, it is a matter of personal choice. Gain a clear understanding of the science and latest research behind the success of the Twelve Steps, a critical program used by millions of people around the world to stay sober and one of the greatest social movements of our time. Since the publication of *Alcoholics Anonymous* in 1939, the Twelve Steps have been central to staying sober for millions of people around the world. Countless recovery and treatment organizations have adopted the Steps as their program for abstaining from addictive behaviors. But recently a growing chorus of critics has questioned the science behind this model. In this book, Nowinski calls upon the latest research, as well as his own seminal Project MATCH study, to show why systematically working a Twelve Step program yields predictable and successful outcomes. Whether you're thinking of joining a Twelve Step group, or simply want to understand the science fueling one of the greatest social movements of our time, this book is for you. As any AA member will tell you, "It works if you work it." When it comes to disease, who beats the odds — and why? When it comes to spontaneous healing, skepticism abounds. Doctors are taught that "miraculous" recoveries are flukes, and as a result they don't study those cases or take them into account when treating patients. Enter Dr. Jeff Rediger, who has spent over 15 years studying spontaneous healing, pioneering the use of scientific tools to investigate recoveries from incurable illnesses. Dr. Rediger's research has taken him from America's top hospitals to healing centers around the world—and along the way he's uncovered insights into why some people beat the odds. In *Cured*, Dr. Rediger digs down to the root causes of illness, showing how to create an environment that sets the stage for healing. He reveals the patterns behind healing and lays out the physical and mental principles associated with recovery: first,

we need to physically heal our diet and our immune systems. Next, we need to mentally heal our stress response and our identities. Through rigorous research, Dr. Rediger shows that much of our physical reality is created in our minds. Our perception changes our experience, even to the point of changing our physical bodies—and thus the healing of our identity may be our greatest tool to recovery. Ultimately, miracles only contradict what we know of nature at this point in time. Cured leads the way in explaining the science behind these miracles, and provides a first-of-its-kind guidebook to both healing and preventing disease. A masterful and eye-opening examination of Trump and the coercive control tactics he uses to build a fanatical devotion in his supporters written by “an authority on breaking away from cults...an argument that...bears consideration as the next election cycle heats up” (Kirkus Reviews). Since the 2016 election, Donald Trump’s behavior has become both more disturbing and yet increasingly familiar. He relies on phrases like, “fake news,” “build the wall,” and continues to spread the divisive mentality of us-vs.-them. He lies constantly, has no conscience, never admits when he is wrong, and projects all of his shortcomings on to others. He has become more authoritarian, more outrageous, and yet many of his followers remain blindly devoted. Scott Adams, the creator of Dilbert and a major Trump supporter, calls him one of the most persuasive people living. His need to squash alternate information and his insistence of constant ego stroking are all characteristics of other famous leaders—cult leaders. In *The Cult of Trump*, mind control and licensed mental health expert Steven Hassan draws parallels between our current president and people like Jim Jones, David Koresh, Ron Hubbard, and Sun Myung Moon, arguing that this presidency is in many ways like a destructive cult. He specifically details the ways in which people are influenced through an array of social psychology methods and how they become fiercely loyal and obedient. Hassan was a former “Moonie” himself, and he presents a “thoughtful and well-

researched analysis of some of the most puzzling aspects of the current presidency, including the remarkable passivity of fellow Republicans [and] the gross pandering of many members of the press” (Thomas G. Gutheil, MD and professor of psychiatry, Harvard Medical School). *The Cult of Trump* is an accessible and in-depth analysis of the president, showing that under the right circumstances, even sane, rational, well-adjusted people can be persuaded to believe the most outrageous ideas. “This book is a must for anyone who wants to understand the current political climate” (Judith Stevens-Long, PhD and author of *Living Well, Dying Well*). In today’s competitive business climate, you can’t just satisfy your customers. You have to be better than that, giving them experiences that they won’t forget. Author Shep Hyken has spent thirty years studying great companies and the evangelists they create. In *The Cult of the Customer*, Hyken shows how to design a strategy that leads both customers and employees through five distinct cultural phases – from “uncertainty” to “amazement.” By presenting dozens of case studies that show how great companies made this journey, Hyken identifies the critical internal and external changes that allowed them to build a Cult of the Customer – and shows how you can do it too. Hyken’s message is both powerful and timely: the happier your customers and employees are, the more successful your company will be. *The Cult of the Customer* is your guide to creating a customer-focused culture that turns satisfied customers into customer evangelists. Named a Best Book of the Year by *The New Yorker* and *The Boston Globe* An authoritative, illuminating, and deeply humane history of addiction—a phenomenon that remains baffling and deeply misunderstood despite having touched countless lives—by an addiction psychiatrist striving to understand his own family and himself “Carl Erik Fisher’s *The Urge* is the best-written and most incisive book I’ve read on the history of addiction. In the midst of an overdose crisis that grows worse by the hour and has vexed America for centuries,

Fisher has given us the best prescription of all: understanding. He seamlessly blends a gripping historical narrative with memoir that doesn't self-aggrandize; the result is a full-throated argument against blaming people with substance use disorder. The Urge is a propulsive tour de force that is as healing as it is enjoyable to read.”

—Beth Macy, author of *Dopesick* Even after a decades-long opioid overdose crisis, intense controversy still rages over the fundamental nature of addiction and the best way to treat it. With uncommon empathy and erudition, Carl Erik Fisher draws on his own experience as a clinician, researcher, and alcoholic in recovery as he traces the history of a phenomenon that, centuries on, we hardly appear closer to understanding—let alone addressing effectively. As a psychiatrist-in-training fresh from medical school, Fisher was soon face-to-face with his own addiction crisis, one that nearly cost him everything. Desperate to make sense of the condition that had plagued his family for generations, he turned to the history of addiction, learning that the current quagmire is only the latest iteration of a centuries-old story: humans have struggled to define, treat, and control addictive behavior for most of recorded history, including well before the advent of modern science and medicine. A rich, sweeping account that probes not only medicine and science but also literature, religion, philosophy, and public policy, *The Urge* illuminates the extent to which the story of addiction has persistently reflected broader questions of what it means to be human and care for one another. Fisher introduces us to the people who have endeavored to address this complex condition through the ages: physicians and politicians, activists and artists, researchers and writers, and of course the legions of people who have struggled with their own addictions. He also examines the treatments and strategies that have produced hope and relief for many people with addiction, himself included. Only by reckoning with our history of addiction, he argues—our successes and our failures—can we light the way forward for those whose lives remain threatened by its hold. The



Urge is at once an eye-opening history of ideas, a riveting personal story of addiction and recovery, and a clinician's urgent call for a more expansive, nuanced, and compassionate view of one of society's most intractable challenges. An exposé of Alcoholics Anonymous, 12-step programs, and the rehab industry—and how a failed addiction-treatment model came to dominate America. AA has become so infused in our society that it is practically synonymous with addiction recovery. Yet the evidence shows that AA has only a 5–10 percent success rate—hardly better than no treatment at all. Despite this, doctors, employers, and judges regularly refer addicted people to treatment programs and rehab facilities based on the 12-step model. In *The Sober Truth*, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases. He also pores over the research to highlight the best peer-reviewed studies available and discovers that they reach a grim consensus on the program's overall success. But *The Sober Truth* is more than a book about addiction. It is also a book about science and how and why AA and rehab became so popular, despite the discouraging data. Dr. Dodes explores the entire story of AA's rise, from its origins in early fundamentalist religious and mystical beliefs to its present-day place of privilege in politics and media. *The Sober Truth* includes true stories from Dr. Dodes's thirty-five years of clinical practice, as well as firsthand accounts submitted by addicts through an open invitation on the Psychology Today website. These stories vividly reveal the experience of walking the steps and attending some of the nation's most famous rehabilitation centers. *The Sober Truth* builds a powerful response to the monopoly of the 12-step program and explodes the myth that these programs offer an acceptable or universal solution to the deeply personal problem of addiction. This book offers new and actionable information for addicts, their families, and medical

providers, and lays out better ways to understand addiction for those seeking a more effective and compassionate approach to this treatable problem. Maybe it's the end of the world, but not for Candace Chen, a millennial, first-generation American and office drone meandering her way into adulthood in Ling Ma's offbeat, wryly funny, apocalyptic satire, *Severance*. "A stunning, audacious book with a fresh take on both office politics and what the apocalypse might bring." —Michael Schaub, NPR.org "A satirical spin on the end times-- kind of like *The Office* meets *The Leftovers*." --Estelle Tang, Elle NAMED A BEST BOOK OF THE YEAR BY: NPR \* *The New Yorker* ("Books We Loved") \* Elle \* Marie Claire \* Amazon Editors \* *The Paris Review* (Staff Favorites) \* Refinery29 \* Bustle \* BuzzFeed \* BookPage \* Bookish \* Mental Floss \* *Chicago Review of Books* \* HuffPost \* *Electric Literature* \* A.V. Club \* Jezebel \* Vulture \* Literary Hub \* Flavorwire Winner of the NYPL Young Lions Fiction Award \* Winner of the Kirkus Prize for Fiction \* Winner of the VCU Cabell First Novelist Award \* Finalist for the PEN/Hemingway Award for Debut Novel \* A New York Times Notable Book of 2018 \* An Indie Next Selection Candace Chen, a millennial drone self-sequestered in a Manhattan office tower, is devoted to routine. With the recent passing of her Chinese immigrant parents, she's had her fill of uncertainty. She's content just to carry on: She goes to work, troubleshoots the teen-targeted Gemstone Bible, watches movies in a Greenpoint basement with her boyfriend. So Candace barely notices when a plague of biblical proportions sweeps New York. Then Shen Fever spreads. Families flee. Companies cease operations. The subways screech to a halt. Her bosses enlist her as part of a dwindling skeleton crew with a big end-date payoff. Soon entirely alone, still unfevered, she photographs the eerie, abandoned city as the anonymous blogger NY Ghost. Candace won't be able to make it on her own forever, though. Enter a group of survivors, led by the power-hungry IT tech Bob. They're traveling to a place called the Facility, where, Bob

promises, they will have everything they need to start society anew. But Candace is carrying a secret she knows Bob will exploit. Should she escape from her rescuers? A send-up and takedown of the rituals, routines, and missed opportunities of contemporary life, Ling Ma's *Severance* is a moving family story, a quirky coming-of-adulthood tale, and a hilarious, deadpan satire. Most important, it's a heartfelt tribute to the connections that drive us to do more than survive. The study reported in this volume grew out of some theoretical work, one phase of which bore specifically on the behavior of individuals in social movements that made specific (and unfulfilled) prophecies. We had been forced to depend chiefly on historical records to judge the adequacy of our theoretical ideas until we by chance discovered the social movement that we report in this book. At the time we learned of it, the movement was in mid-career but the prophecy about which it was centered had not yet been disconfirmed. We were understandably eager to undertake a study that could test our theoretical ideas under natural conditions. That we were able to do this study was in great measure due to the support obtained through the Laboratory for Research in Social Relations of the University of Minnesota. This study is a project of the Laboratory and was carried out while we were all members of its staff. We should also like to acknowledge the help we received through a grant-in-aid from the Ford Foundation to one of the authors, a grant that made preliminary exploration of the field situation possible. This "fiercely written and endlessly readable" novel of a teenage girl in thrall to a magnetic—and terrifying—preacher who promises to save her dying town is "a godsend" (*Entertainment Weekly*). Drought has settled on the town of Peaches, California. The area of the Central Valley where fourteen-year-old Lacey May and her alcoholic mother live was once an agricultural paradise. Now it's an environmental disaster, a place of cracked earth and barren raisin farms. In their desperation, residents have turned to a cult leader named Pastor Vern for

guidance. He promises, through secret “assignments,” to bring the rain everybody is praying for. Lacey has no reason to doubt the pastor. But then her life explodes in a single unimaginable act of abandonment: her mother, exiled from the community for her sins, leaves Lacey and runs off with a man she barely knows. Abandoned and distraught, Lacey May moves in with her widowed grandma, Cherry, who is more concerned with her taxidermy mouse collection than her own granddaughter. As Lacey May endures the increasingly appalling acts of men who want to write all the rules and begins to uncover the full extent of Pastor Vern’s shocking plan to bring fertility back to the land, she decides she must go on a quest to find her mother no matter what it takes. With her only guidance coming from the romance novels she reads and the unlikely companionship of the women who knew her mother, she must find her own way through unthinkable circumstances. Possessed of an unstoppable plot and a brilliantly soulful voice, *Godshot* is a book of grit and humor and heart, a debut novel about female friendship and resilience, mother–loss and motherhood, and seeking salvation in unexpected places. It introduces a writer who gives Flannery O’Connor’s Gothic parables a Californian twist and who emerges with a miracle that is all her own. “[A] haunting debut . . . This is a harrowing tale, which Bieker smartly writes through the lens of a teenager on the cusp of understanding the often fraught relationship between religion and sexuality . . . It’s a timely and disturbing portrait of how easily men can take advantage of vulnerable women—and the consequences sink in more deeply with each page.”—Annabel Gutterman, *Time* “Drawn in brilliant, bizarre detail—baptism in warm soda, wisdom from romance novels—Lacey’s twin crises of faith and femininity tangle powerfully. Fiercely written and endlessly readable, a novel like this is a godsend. A–.”—Mary Sollosi, *Entertainment Weekly* “[An] absolute masterpiece . . . Imagine if Annie Proulx wrote something like *White Oleander* crossed with *Geek Love* or *Cruddy*, and then

add cults, God, motherhood, girlhood, class, deserts, witches, the divinity of women . . . Terrifying, resplendent, and profoundly moving, this book will leave you changed." —T Kira Madden, author of *Long Live the Tribe of Fatherless Girls* This is a virtually rewritten second edition of New York University Professor Paul Vitz's profoundly important analysis of modern psychology. Vitz maintains that psychology in our day has become a religion, a secular cult of self, and has become part of the problem of modern life rather than part of its resolution. "After years of battling uncontrollable addiction, I have achieved the supposedly impossible: complete freedom from craving." Dr. Olivier Ameisen was a brilliant cardiologist on the staff at one of America's top teaching hospitals and running his own successful practice when he developed a profound addiction to alcohol. He broke bones with no memory of falling; he nearly lost his kidneys; he almost died from massive seizures during acute withdrawal. He gave up his flourishing practice and, fearing for his life, immersed himself in Alcoholics Anonymous, rehab, therapy, and a variety of medications. Nothing worked. So he did the only thing he could: he took his treatment into his own hands. Searching for a cure for his deadly disease, he happened upon baclofen, a muscle relaxant that had been used safely for years as a treatment for various types of muscle spasticity, but had more recently shown promising results in studies with laboratory animals addicted to a wide variety of substances. Dr. Ameisen prescribed himself the drug and experimented with increasingly higher dosages until he finally reached a level high enough to leave him free of any craving for alcohol. That was more than five years ago. Alcoholism claims three hundred lives per day in the United States alone; one in four U.S. deaths is attributable to alcohol, tobacco, or illegal drugs. Baclofen, as prescribed under a doctor's care, could possibly free many addicts from tragic and debilitating illness. But as long as the medical and research establishments continue to ignore a cure for one of the most

deadly diseases in the world, we won't be able to understand baclofen's full addiction-treatment potential. *The End of My Addiction* is both a memoir of Dr. Ameisen's own struggle and a groundbreaking call to action—an urgent plea for research that can rescue millions from the scourge of addiction and spare their loved ones the collateral damage of the disease. Offers a self-recovery program for substance abuse based on the Addictive Voice Recognition Technique. “A powerful challenge to the prevailing constitutional orthodoxy of the right and the left . . . A deeply troubling and absolutely vital book” (Mark Joseph Stern, *Slate*). In this provocative book, Mary Anne Franks examines the thin line between constitutional fidelity and constitutional fundamentalism. *The Cult of the Constitution* reveals how deep fundamentalist strains in both conservative and liberal American thought keep the Constitution in the service of white male supremacy. Franks demonstrates how constitutional fundamentalists read the Constitution selectively and self-servingly, thus undermining the integrity of the document as a whole. She goes on to argue that economic and civil libertarianism have merged to produce a deregulatory, “free-market” approach to constitutional rights that achieves fullest expression in the idealization of the Internet. The fetishization of the first and second amendments has blurred the boundaries between conduct and speech and between veneration and violence. But the Constitution itself contains the antidote to fundamentalism. *The Cult of the Constitution* lays bare the dark, antidemocratic consequences of constitutional fundamentalism and urges readers to take the Constitution seriously, not selectively.

From the foremost figure on the New Orleans' drinking scene and the owner of renowned bar *Cure*, a cocktail book that celebrates the vibrant city New Orleans is known for its spirit(s)-driven festivities. Neal Bodenheimer and coauthor Emily Timberlake tell the city's story through 100 cocktails, each chosen to represent New Orleans' past, present, and future. A love letter to New Orleans and the cast

of characters that have had a hand in making the city so singular, *Cure: New Orleans Drinks and How to Mix 'Em* features interviews with local figures such as Ian Neville, musician and New Orleans funk royalty, plus a few tips on how to survive your first Mardi Gras. Along the way, the reader is taken on a journey that highlights the rich history and complexity of the city and the drinks it inspired, as well as the techniques and practices that *Cure* has perfected in their mission to build forward rather than just looking back. Of course, this includes the classics every self-respecting drinker should know, especially if you're a New Orleanian: the Sazerac, Julep, Vieux Carré, Ramos Gin Fizz, Cocktail à la Louisiane, and French 75. Famous local chefs have contributed easy recipes for snacks with local flavor, perfect for pairing with these libations. *Cure: New Orleans Drinks and How to Mix 'Em?* is a beautiful keepsake for anyone who has fallen under New Orleans's spell and a must-have souvenir for the millions of people who visit the city each year. *Cult-ure* is the culmination of a decade's research into why and how we communicate.

- [Alcoholics Anonymous](#)
- [The Sober Truth](#)
- [The Recovery Revolution](#)
- [US Of AA](#)
- [Rational Recovery](#)
- [Cure And Cult In Ancient Corinth](#)
- [The Cult Of Trump](#)
- [Hollywood Park](#)
- [The Cult Of Smart](#)
- [Alcoholics Anonymous](#)
- [Cure](#)
- [The Urge](#)
- [Resisting 12 step Coercion](#)
- [The Water Cure](#)

- [Geek Heresy](#)
- [The Cure For Alcoholism](#)
- [When Man Listens](#)
- [Presentation Zen](#)
- [Healing Back Pain](#)
- [Alcoholics Anonymous](#)
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- [The Cult Of The Constitution](#)
- [The Cult Of The Customer](#)
- [Healing Disease And Placebo In Graeco Roman Asclepius Temples](#)
- [Cures And Curses](#)
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- [Dionysus](#)
- [When Prophecy Fails](#)
- [Adventures In The Orgasmatron](#)
- [The Secret](#)
- [The Matter Of Piety](#)
- [Cure And Cult In Ancient Corinth](#)