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Coronary Primary Prevention Trial Statin-Associated Muscle Symptoms Clinical Practice Guidelines We Can Trust Applied Echocardiography in Coronary Artery Disease Primary Care of Women Cardiovascular Diseases Diabetes Management in Long-Term Settings Cholesterol Clarity Neinstein's Adolescent and Young Adult Health Care Clinical Chemistry: Principles, Techniques, and Correlations, Enhanced Edition Nutrition and Diet Therapy Cardiovascular Diseases, An Issue of Primary Care Clinics in Office Practice, Lifestyle Medicine Hyperlipidemias: New Insights for the Healthcare Professional: 2013 Edition Family Nurse Practitioner Certification Intensive Review Operations (ADP 3-0) Adult-Gerontology Nurse Practitioner Certification Intensive Review Health Promotion Throughout the Life Span Health Promotion Throughout the Life Span - E-Book Handbook of Lipidology Manual of Laboratory Operations Stroke Revisited: Dyslipidemia in Stroke ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription Dyslipidemia Rutherford's Vascular Surgery E-Book Nutrition Essentials and Diet Therapy - E-Book AACN Core Curriculum for High Acuity, Progressive and Critical Care Nursing - E-Book Advances in Risk and Prevention Research and Treatment: 2012 Edition The AHA Guidelines and Scientific Statements Handbook ACSM's Resources for the Health Fitness Specialist ASPC Manual of Preventive Cardiology Manual of Lifestyle Medicine Increasing Physical Activity: A Practical Guide Medical Biochemistry E-Book Army Medical Logistics Atp 4-02.1 Netter Collection of Medical Illustrations: Endocrine System E-book Dyslipidemia: A Clinical Approach Neuropeptides—Advances in Research and Application: 2012 Edition Primary Care - E-Book Clinical Chemistry: Principles, Techniques, and Correlations

Only a fifth of adults in the United States do enough physical activity to meet the guidelines set by Centers for Disease Control. The health benefits of regular physical activity are beyond dispute, yet less than 40% of physicians routinely counsel their patients on the importance of physical activity. Increasing Physical Activity: A Practical Guide equips healthcare practitioners to include physical activity counseling in the daily practice of medicine. Written by lifestyle medicine pioneer and cardiologist, Dr James Rippe, this book proves inactivity is a stronger risk factor than other lifestyle factors for cardiovascular disease, diabetes, and many other diseases. It provides evidence-based information on the role of physical activity in preventing and treating chronic conditions and includes practical strategies for healthcare practitioners to prescribe this powerful method to enhance both short and long-term health and quality of life. Features: Specific chapters explain the role of physical activity in reduction of risk of heart disease, diabetes, cancer, osteoarthritis, dementia and many other chronic conditions. Chapters begin with bulleted, key points and conclude with a list of clinical applications.

Strategies are provided to encourage previously sedentary individuals to adopt regular physical activity. Physical activity is placed in the context of other lifestyle medicine concepts including maintenance of a healthy body weight, following sound nutritional practices, stress reduction and other practices which impact on health and quality of life. Written for healthcare practitioners at all levels, this is a user-friendly, evidence-based manual for healthcare practitioners looking to incorporate more physical activity counseling into either general medicine or subspecialty practices. This book presents state of the art knowledge on dyslipidemia in stroke, covering both basic and clinical aspects in detail. The focus is in particular on two major themes: the clinical significance of dyslipidemia in stroke and the treatment of dyslipidemia in stroke patients. Readers will find up-to-date information on lipid metabolism, biomarkers, and advances in treatment options, including novel biologic drugs. Specific management considerations and pitfalls are also discussed. The individual components of pathophysiology, treatment, and key issues are addressed with the aid of complementary illustrations that facilitate understanding of practical aspects and enable the reader to retrieve fundamental information quickly. This book is timely in bringing together within one volume the most important current knowledge on dyslipidemia in stroke. It will be invaluable for stroke physicians, pharmacists, and students seeking to acquire up-to-date knowledge. The fundamental premise of lifestyle medicine is that daily habits profoundly impact health and quality of life both in the short-term and long-term. Written by lifestyle medicine pioneer and cardiologist, Dr. James Rippe, this book provides a clinically oriented, evidence-based look into key lifestyle factors and how to prescribe them to individuals of all ages. Written for professionals working at all levels of medical and healthcare practice, this manual summarizes the major components of lifestyle medicine, from physical activity and nutrition to weight management and the avoidance of tobacco products. It includes clinical guidelines and practices for using lifestyle medicine principles to lower the risk of numerous chronic conditions. The manual also provides information on behavior change, approaches to lowering the risk of dementia, treatment of addictions and injury prevention. Features: Explains how lifestyle medicine can reduce the risk of heart disease, diabetes, cancer, osteoarthritis, dementia and many other chronic conditions. Chapters begin with bulleted key points and conclude with a list of clinical applications. Provides strategies for prescribing physical activity and helping patients improve their nutrition, lose weight if necessary and reduce stress. Includes clinically relevant sections on "Treating Addiction, Preventing Injury and Improving Brain Health". This book provides updated and clinically targeted summaries used in conjunction with Dr. Rippe's major academic textbook Lifestyle Medicine, now in its third edition, published by CRC Press/Taylor & Francis Group, LLC. This issue of Primary Care: Clinics in Office Practice features expert clinical reviews on Cardiovascular Disease which includes current information on topics such as coronary artery disease, congestive heart failure, atrial fibrillation and flutter, venous thromboembolic diseases, valvular heart disease, antithrombotic therapy, carotid and vertebral artery disease, ischemic bowel syndromes, thoracic and aortic aneurysms and peripheral vascular disease, hypertension, hyperlipidemia and traditional / nontraditional risk factor management, and pericarditis, myocarditis and other cardiomyopathies. Clinical Chemistry: Principles, Techniques, and Correlations, Enhanced Eighth Edition

demonstrates the how, what, why, and when of clinical testing and testing correlations to help you develop the interpretive and analytic skills you'll need in your future career. "I found this book extremely helpful and loved the Fast Facts, Notes, Exam Tips and Clinical Tips. While other exam prep courses had great content, your book helped me to think more like a NP, and "pull it all together." I would highly recommend your book to any Adult-Gero NP student or graduate. It deserves 5 stars." T. Maria Jones, MS, AGPCNP-BC, CWOCN, DAPWCA, FMNLI Praise for the First Edition: This is a well written, comprehensive review aimed at preparing readers for successfully completing a board certification exam...This is a wonderful comprehensive review in a concise study guide format.--Doody's Medical Reviews The second edition of this acclaimed ANP review continues to promote efficient, time-saving study by synthesizing the key content needed to pass the NP Certification Exam into a concise, well-organized format. Using test-taking strategies meticulously developed by the author, the Review provides unique "question dissection techniques," targeted key content review, 600 extensive practice questions, and detailed, current exam information in a fast facts style. This second edition includes an extensive new section on geriatrics that encompasses body/metabolic changes, common disorders, and hospice/ethical considerations. The book also presents an expanded, intensive pharmacology review, 100 new exam questions, and is the only review to offer a new research chapter providing elements of research needed for E-B practice. The book reviews the complete adult lifespan from adolescence on, and covers non-clinical content including ethics, medico-legal issues, advanced practice law, and reimbursement guidelines. The review of primary care disorders is organized by body system. The content is applicable for certification exams for both the ANCC and the AANP. This book is also a great companion to the ANP Certification Review app, coming soon for your iPhone or iPad! New to this edition: Reorganized for greater ease of use Provides extensive new section on geriatrics covering body/metabolic changes, common disorders, and hospice/ethical considerations Contains expanded intensive-style pharmacology review Presents elements of research needed for E-B practice Includes 100 new questions for a total of 600 'high-yield' questions Why use this review? Delineates strategic "question dissection techniques" for test success, developed by the author, a leading provider of exam preparation education for over 20 years Provides precisely targeted content review Offers 600 extensive practice questions and detailed exam information Includes Exam Tips and Clinical Tips help to prioritize The author's company, ARNP Services, Inc. has helped thousands of nurses pass their certification exams nationwide It's the only book to present elements of research needed for E-B practice It's a great companion to the forthcoming ANP Certification Review app! Are you confused by what your cholesterol levels really say about your health? Don't you wish someone could just spell it out in simple, easy-to-understand language and tell you what, if anything, you need to do about your cholesterol? Good news! That's precisely what Cholesterol Clarity is designed to do. Jimmy Moore, a prominent and highly respected health blogger and podcaster, has teamed up with Dr. Eric Westman, a practicing internist and nutrition researcher, to bring you one of the most unique books you'll ever read on this subject, featuring exclusive interviews with twenty-nine of the world's top experts from various fields to give you the complete lowdown on cholesterol. If you're worried about any

confusing medical jargon in this book, don't be—this critical information is broken down for you to grasp what is really important and what is not. You won't find this kind of comprehensive, cutting-edge, expert-driven cholesterol information all in one place anywhere else. Has your doctor told you your total and/or LDL cholesterol is too high and thus requires you to take immediate action to lower it? Has the solution to your "high cholesterol" been to cut down on your saturated fat intake, eat more "healthy" whole grains and vegetable oils, and possibly even take a prescription medication like a statin to lower it to "desirable" levels? If so, then this is the book for you. Learn what the real deal is from some of the leading experts on the subject. Not only will Cholesterol Clarity tell you what your cholesterol tests—LDL, HDL, triglycerides, and other key cholesterol markers—really mean, but it will also arm you with nutritional guidance that will lead you to optimal health. Are you ready to find out what the HDL is wrong with your numbers? Within the pages of this book you'll learn invaluable lessons, including:

- Why your LDL-C and total cholesterol numbers may not be as important in determining your health as your doctor may think
- The undeniable negative role that chronic inflammation plays in your health
- Why cholesterol-lowering statin drugs don't necessarily solve your heart health concerns
- Why your doctor should be testing for LDL particles and particle size when measuring cholesterol
- Why HDL and triglycerides are far more predictive of health concerns than LDL-C and total cholesterol
- Why consuming foods with saturated fat is good for you, and why carbohydrate-based foods can be detrimental to attaining the best cholesterol numbers
- Why a growing number of physicians, researchers, and nutritionists believe treating cholesterol numbers is virtually irrelevant

Contributing Experts Include: Cassie Bjork, RD, Philip Blair, MD, Jonny Bowden, PhD, John Briffa, BSc, MB, BSc, Dominic D'Agostino, PhD, William Davis, MD, Thomas Dayspring, MD, David Diamond, PhD, Ron Ehrlich, BDS, FACNEM, Jeffrey N. Gerber, MD, David Gillespie, Duane Graveline, MD, Paul Jaminet, PhD, Malcolm Kendrick, MD, Ronald Krauss, MD, Fred Kummerow, PhD, Dwight C. Lundell, MD, Robert Lustig, MD, Chris Masterjohn, PhD, Donald Miller, MD, Rakesh "Rocky" Patel, MD, Fred Pescatore, MD, Uffe Ravnskov, MD, PhD, Stephanie Seneff, PhD, Cate Shanahan, MD, Ken Sikaris, BSc, MBBS, FRCPA, FAACB, FFSc, Patty Siri-Tarino, PhD, Mark Sisson, Gary Taubes

With the advent of health care reform and an emphasis on reducing health care costs, health promotion and disease prevention is a priority in nursing care. Be prepared with *Health Promotion Throughout the Life Span, 8th Edition*, your comprehensive guide to major health promotion concepts. Featuring practical guidance – including boxes on diversity awareness, evidence-based practice, innovative practice, hot topics, and quality and safety as well as case studies and care plans – our experienced authors give you all the tools you need to stay current on the latest research and trends in health promotion. Extensive coverage of growth and development throughout the lifespan emphasizes the unique problems and health promotion needs of each age and stage of development. Separate chapters on each population – group, individual, family, and community – stress the unique issues faced when providing care to each group. Evidence-Based Practice boxes emphasize current research efforts and opportunities in health promotion. Hot Topics and Innovative Practice boxes engage students' interest by introducing significant issues, trends, and creative programs and projects in health promotion practice. Diversity Awareness boxes address various cultural perspectives

and provide important information that needs to be considered in planning care. Case studies and care plans present realistic situations that challenge students to reflect upon important health promotion concepts. Think About It boxes dig deeper into the chapter topic and encourage critical thinking. Numerous pedagogical features such as objectives, key terms, and textual summaries highlight the most important concepts and terms in each chapter. NEW! Healthy People 2020 boxes include related goals and objectives for each chapter to address emerging health issues and health priorities over the next decade. NEW! Quality and Safety scenarios include examples and suggestions to encourage quality and safety in nursing. NEW! Redesigned Nutrition chapter highlights the new Dietary Guidelines for Americans and the MyPlate food guide. NEW! Standard headings in the growth and development chapters reinforce the concepts of Gordon's Functional Health Patterns. As part of the Oxford American Cardiology Library, this practical handbook is designed to serve as a concise yet authoritative resource on diagnosing and treating dyslipidemia. Also Available As: The FNP Certification Review App! Praise for the First Edition: This is a well written, comprehensive review aimed at preparing readers for successfully completing a board certification exam...This is a wonderful comprehensive review in a concise study guide format.--Doody's Medical Reviews The second edition of this acclaimed FNP review continues to promote efficient, time-saving study by synthesizing the key content needed to pass the NP Certification Exam into a concise, well-organized format. Using test-taking strategies meticulously developed by the author, the Review provides unique question dissection techniques, targeted key content review, 600 in-depth practice questions, and detailed, current exam information in a fast facts style. This second edition includes new chapters on pediatrics and adolescence and an extensive new section on geriatrics that encompasses body/metabolic changes, common disorders, and hospice/ethical considerations. The book also presents an expanded, intensive pharmacology review, 100 new exam questions, and is the only review to offer a new research chapter providing elements of research needed for E-B practice. The book reviews the complete lifespan from pediatrics to geriatrics and including pregnancy, and covers non-clinical content including ethics, medico-legal issues, advanced practice law, and reimbursement guidelines. The review of primary care disorders is organized by body system. The content is applicable for certification exams for both the ANCC and the AANP. This book is also a great companion to the FNP Certification Review app, coming soon for your iPhone or iPad! New to this edition: Reorganized for greater ease of use Provides extensive new section on geriatrics Contains expanded coverage of pediatrics and adolescence Offers expanded intensive-style pharmacology review Presents elements of research needed for E-B practice Includes 100 new questions for a total of 600 high-yield questions Why use this review? Delineates strategic question dissection techniques for study success developed by the author, a leading provider of exam preparation education for over 20 years Provides precisely targeted content review Offers 600 in-depth practice questions and detailed exam information Includes Exam Tips and Clinical Tips to help prioritize test content. It is the only book to present elements of research needed for E-B practice Outlines normal findings and benign variants in physical assessment of each body system Includes succinct review of diseases commonly seen in primary care It's a great companion to the forthcoming FNP

Certification Review app! Diabetes Management in Long-Term Settings is a clinical guide for the treatment of elderly patients with diabetes. With the number of older adults growing exponentially and with a growing percentage of this group facing diabetic and prediabetic conditions, Diabetes Management in Long-Term Settings will help physicians, nurses, pharmacists, and administrators develop effective programs to care for this growing population. It is a practical clinical guide outlining the protocols of geriatric diabetes care and will be a sought-after reference for all clinicians. There is no doubt that daily habits and actions exert a profound health impact. The fact that nutritional practices, level of physical activity, weight management, and other behaviors play key roles both in the prevention and treatment of most metabolic diseases has been recognized by their incorporation into virtually every evidence-based medical Nutrition Essentials and Diet Therapy provides complete coverage of all of the content needed in an LPN/LVN curriculum. This versatile text concentrates on what is most important for the health care provider to know about the nutrition basics and the application on nutrition knowledge. Coverage includes the latest developments in nutrition fundamentals, nutrition across the life span, nutritional management of chronic and acute illnesses, the latest DRI's, and expanded coverage of vitamins, minerals, phytochemicals and herbal remedies. An LPN Threads Series title. Unique! Cultural boxes incorporated throughout each chapter focus on specific ways in which culture affects nutritional concepts in practice and promote a greater cultural awareness and prepares students to work with diverse clients. Unique! Facts and Fallacies identify common myths about nutrition and then present the facts. This feature promotes nutritional education that is based on research and current belief. Unique! Teaching Pearls provide practical nutritional counseling tips and analogies. Critical Thinking Case Studies cover a variety of client teaching considerations related to various nutritional situations. Each case study is followed by application questions. Chapter Challenge Questions and Classroom Activities appear at the end of each chapter and provide the opportunity to review and discuss the content. Additional coverage on women and cardiovascular disease provides insight to the importance of prevention of cardiovascular disease. Expanded herbal therapy coverage includes content on potential interactions between herbal medications and other types of medication. Information on the role that nutrition plays in the prevention of neurodegenerative diseases has been expanded to address the significant growth in the number of individuals being diagnosed with these problems. Expanded content on proteins addresses the increase use of protein powders by athletes and the use of enteral and parenteral supplements during chronic and acute illnesses. NEW Online Version of Nutritrac Nutrition Analysis Program provides additional tools for learning with an expanded food database of over 5,000 foods in 18 different categories and a complete listing of more than 150 activities. Additional new features for this online version include an ideal body weight (IBW) calculator, a Harris-Benedict calculator to estimate total daily energy needs, and the complete Exchange Lists for Meal Planning. This book provides an overview of statin-associated muscle symptoms (SAMS) from clinical presentation to treatment and possible metabolic causes. It examines the risk factors, presentations, diagnosis and differential diagnosis, clinical management, and financial costs of SAMS. The book also highlights patients' perspectives on SAMS such as the psychosocial,

emotional, and societal factors influencing their perceptions and experiences. Finally, the book presents the results of observational and clinical trials on the prevalence of SAMS, clinical trials for treatments, and potential future research approaches for improving the understanding and treatment of SAMS. A key addition to the Contemporary Cardiology series, *Statin-Associated Muscle Symptoms* is an essential resource for physicians, medical students, residents, fellows, and allied health professionals in cardiology, endocrinology, pharmacotherapy, primary care, and health promotion and disease prevention. Advances in medical, biomedical and health services research have reduced the level of uncertainty in clinical practice. Clinical practice guidelines (CPGs) complement this progress by establishing standards of care backed by strong scientific evidence. CPGs are statements that include recommendations intended to optimize patient care. These statements are informed by a systematic review of evidence and an assessment of the benefits and costs of alternative care options. *Clinical Practice Guidelines We Can Trust* examines the current state of clinical practice guidelines and how they can be improved to enhance healthcare quality and patient outcomes. Clinical practice guidelines now are ubiquitous in our healthcare system. The Guidelines International Network (GIN) database currently lists more than 3,700 guidelines from 39 countries. Developing guidelines presents a number of challenges including lack of transparent methodological practices, difficulty reconciling conflicting guidelines, and conflicts of interest. *Clinical Practice Guidelines We Can Trust* explores questions surrounding the quality of CPG development processes and the establishment of standards. It proposes eight standards for developing trustworthy clinical practice guidelines emphasizing transparency; management of conflict of interest ; systematic review-guideline development intersection; establishing evidence foundations for and rating strength of guideline recommendations; articulation of recommendations; external review; and updating. *Clinical Practice Guidelines We Can Trust* shows how clinical practice guidelines can enhance clinician and patient decision-making by translating complex scientific research findings into recommendations for clinical practice that are relevant to the individual patient encounter, instead of implementing a one size fits all approach to patient care. This book contains information directly related to the work of the Agency for Healthcare Research and Quality (AHRQ), as well as various Congressional staff and policymakers. It is a vital resource for medical specialty societies, disease advocacy groups, health professionals, private and international organizations that develop or use clinical practice guidelines, consumers, clinicians, and payers. Endorsed by the American Society for Preventive Cardiology, this highly practical resource focuses on the application of current guidelines and practice standards in the clinical management of cardiovascular risk factors. The Manual presents concise descriptions of each major cardiovascular risk factor, and practical, to-the-point discussions of current best practices in clinical management. In addition, the Manual includes chapters on peripheral arterial disease, stroke, smoking, contemporary cardiovascular imaging, heart failure, metabolic syndrome, thrombosis, nutrition, special populations, novel risk factors, and psychosocial stress. Throughout the Manual, recommendations are based on the most recent prevention guidelines of the American College of Cardiology and American Heart Association, including those on Risk Assessment, Lifestyle Recommendations, Blood Cholesterol, and Obesity, as well

as the new guidelines on Hypertension. Chapter authors are recognized leaders in each area of practice, and special efforts have been made by the authors and editors to ensure that the content of all chapters is as up-to-date as possible. Key Features: ? Presents a highly practical focus on the application of current guidelines and practice standards regarding cardiovascular risk factors ? Recommendations based on the most recent prevention guidelines ? Authored by recognized leaders in the field ? Covers all major cardiovascular risk factors, key methodologies in risk assessment, and special issues regarding specific patient populations

Clinical Chemistry: Principles, Techniques, and Correlations, Ninth Edition is the most student-friendly clinical chemistry text available today. The Ninth Edition keeps students at the forefront of what continues to be one of the most rapidly advancing areas of laboratory medicine with clear explanations that balance analytic principles, techniques, and correlation of results with coverage of disease states. The book not only demonstrates the how of clinical testing, but also the what, why, and when of testing correlations to help students develop the knowledge and interpretive and analytic skills they'll need in their future careers.

Applied Echocardiography in CAD is a comprehensive guide to imaging techniques for a variety of heart conditions. Divided into two sections; section A covers the fundamentals of imaging techniques, and section B covers the clinical applications of these techniques. **Applied Echocardiography in CAD** provides an excellent source of reference for cardiologists and residents faced with these conditions day-to-day.

Neuropeptides—Advances in Research and Application: 2012 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information about Neuropeptides. The editors have built **Neuropeptides—Advances in Research and Application: 2012 Edition** on the vast information databases of ScholarlyNews.™ You can expect the information about Neuropeptides in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of **Neuropeptides—Advances in Research and Application: 2012 Edition** has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Brought to you in a thorough yet accessible manner, the new edition of **Medical Biochemistry** gives access to all of the latest information on basic and clinically focused genetic and molecular biology. Featuring a team of contributors that includes investigators involved in cutting-edge research as well as experienced clinicians, this updated medical textbook offers a unique combination of both research and practice that's ideal for today's problem-based integrated courses. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Relate biochemistry to everyday practice with the help of **Clinical Boxes** integrated into the text, and access in-depth coverage of important topics - including recent research in biochemistry - through **Advanced Concept Boxes**. Test your knowledge and improve retention with **Active Learning Boxes** at the conclusion of each chapter, and quickly review the most common lab tests performed with convenient **Clinical Test Boxes**. Effectively study the most updated information in biochemistry with

the help of a dynamic, full-color design. Better understand the relationship between science and clinical practice with material organized by organ rather than system. Gain a thorough understanding of biomarkers and their uses with brand-new information on the subject. Access today's most recent research regarding Gene Therapy, Proteomics and Recombinant DNA Techniques, Role of Kidney in Metabolism, and Neurochemistry. Published in association with the Society for Vascular Surgery, Rutherford's Vascular Surgery presents state-of-the-art updates on all aspects of vascular health care. Extensively revised by many new authors to meet the needs of surgeons, interventionalists, and vascular medicine specialists, this medical reference book incorporates medical, endovascular and surgical treatment, as well as diagnostic techniques, decision making and fundamental vascular biology. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Master the latest developments, techniques, and approaches with thorough updates on endovascular applications, vascular access, imaging, non-operative management, and much more. View clinical and physical findings and operative techniques more vividly with a full-color layout and images. Get answers you can depend on. Rutherford's delivers the world's most trusted information on all major areas of vascular health care, is written by international experts, and includes up-to-date bibliographies and annotated recommended references. Discover emerging techniques in rapidly advancing topics, with special emphasis on endovascular coverage, vascular imaging, angiography, CT and MRI. Explore brand new chapters on dialysis catheters, renovascular disease, and management of branches during endovascular aneurysm. Stay up-to-date with the latest coverage of endovascular procedures that reflects the changing practices and techniques in vascular surgery. Access videos at Expert Consult.

Primary Care of Women, Second Edition is an essential and easy-to use resource for healthcare providers who offer primary care to women. Ideal for new and experienced clinicians, it focuses on the need to address women's health holistically. Each chapter begins by discussing common symptoms and how to evaluate them before moving on to diagnosis and management of the most common conditions seen in women. Topics include prevention, screening, management of common health problems, and the presentation and management of common health issues in pregnancy. Completely updated and revised, the Second Edition includes new chapters on sleep disorders, dental health, and complementary and alternative medicine. Also included is an increased focus on topics such as mental health and violence.

Endocrine System, 2nd Edition provides a concise and highly visual guide to the anatomy, physiology, and pathophysiology of the endocrine glands. This volume in The Netter Collection of Medical Illustrations (the CIBA "Green Books") has been expanded and revised by Dr. William F. Young, Jr. to reflect the many exciting advances that have been made in the field. Classic Netter art, updated illustrations, and modern imaging make this timeless work essential to your library. Access rare illustrations in one convenient source from the only Netter work devoted specifically to the endocrine system. Get a complete overview of the endocrine system through multidisciplinary coverage of endocrinology as a whole. Gain a quick understanding of complex topics from a concise text-atlas format that provides a context bridge between primary and specialized medicine. Apply a visual approach—with the classic Netter art, updated illustrations, new artwork and modern imaging—to normal

and abnormal endocrine gland function and the clinical presentation patients with endocrine disorders. Clearly see the connection between basic and clinical sciences with an integrated overview of normal structure and function as it relates to pathologic conditions. Delve into updated text of new author and editor, William F. Young, Jr., MD., that illuminates and expands on the illustrated concepts. Benefit from the perspectives of an international advisory board for content that reflects the current global consensus. Up to date and easy to read, this textbook provides comprehensive coverage of all major concepts of health promotion and disease prevention. It highlights growth and development throughout the life span, emphasizing normal development as well as the specific problems and health promotion issues common to each stage. All population groups are addressed with separate chapters for individuals, families, and communities.

-- Provided by publisher. ADP 3-0, Operations, constitutes the Army's view of how to conduct prompt and sustained operations across multiple domains, and it sets the foundation for developing other principles, tactics, techniques, and procedures detailed in subordinate doctrine publications. It articulates the Army's operational doctrine for unified land operations. ADP 3-0 accounts for the uncertainty of operations and recognizes that a military operation is a human undertaking. Additionally, this publication is the foundation for training and Army education system curricula related to unified land operations. The principal audience for ADP 3-0 is all members of the profession of arms. Commanders and staffs of Army headquarters serving as joint task force (JTF) or multinational headquarters should also refer to applicable joint or multinational doctrine concerning the range of military operations and joint or multinational forces. Trainers and educators throughout the Army will use this publication as well.

Nutrition and Diet Therapy: Self-Instructional Approaches covers the fundamentals of basic nutrition, and then nutrition as therapy, in both adults and children. It is designed to work as a traditional text or a self-instructional text that allows for distance-learning and self-paced instruction. Progress checks throughout each chapter and chapter post-tests help students to evaluate their comprehension of key information. The Fifth Edition has been completely revised and updated to include My Pyramid and corresponding DRIs and all of the all figures and tables have been revised. Accompanied by A Comprehensive Companion Web site Highly regarded as the go-to-resource of adolescent medicine for more than 30 years, Neinstein's Adolescent and Young Adult Health Care remains the #1 choice for those involved in the care of adolescents and young adults. The 6th Edition continues to deliver practical, authoritative guidance on everything from normal development to legal issues, psychosocial care, and special populations. Extensive updates include the addition of young adult health care; a new color design; numerous new chapters; more algorithms, photos, and bulleted text; and fresh perspectives from a new senior editor and two new associate editors. This renowned title is ideal for daily practice or board preparation, and is recommended by the American College of Physicians for their internal medicine library. The 6th Edition is a highly useful resource for pediatricians, family practitioners, gynecologists, internists, house staff, nurse practitioners, PAs, residents, medical students, and fellows, as well as school-based clinics, college health centers, juvenile detention centers, pediatric ERs, and other facilities that serve adolescents and young adults. Features: One of the first texts to incorporate young adults into the scope of adolescent health care. New full-color design

and more clinical photos provide visual appeal and clarity. New chapters cover U.S. and world data on the health of adolescents and young adults, potential effects of technology use on youth, and the growing issues regarding transgender adolescents and young adults. New section explores special populations such as foster placement; young adults in the military; homeless, incarcerated, and immigrant youth and young adults; Native American youth, and more. More algorithms and bulleted lists make the text more readable and useful as a quick reference. Evidence based throughout, with numerous references provided for further research. Key topics include psychological issues, ways to develop rapport with teenagers, interviewing, sports medicine, LARC, HPV, substance abuse, and college health. Hundreds of useful websites on nearly every topic, where professionals, teenagers, and parents can find up-to-the-minute information. Written by and for Nurse Practitioners from a unique collaborative perspective, *Primary Care: A Collaborative Practice, 4th Edition*, prepares you to provide care for all of the major disorders of adults seen in the outpatient setting. Evidence-based content reflects the latest guidelines for primary care of hundreds of conditions, including hypertension, diabetes, and sexually transmitted infections. Now in full color, the 4th Edition includes chapters on emerging topics such as genetics, obesity, lifestyle management, and emergency preparedness. Combining a special blend of academic and clinical expertise, the author team provides a practical text/reference that promotes a truly collaborative primary care practice. Comprehensive, evidence-based content incorporates the latest standardized guidelines for primary care in today's fast-paced, collaborative environment. Unique! A collaborative perspective, reflecting the key roles of NPs, MDs, PAs, PharmDs, and others, promotes seamless continuity of care. A consistent format from chapter to chapters facilitates learning and clinical reference value. Diagnostics and Differential Diagnosis boxes provide a quick reference for diagnosing disorders and helping to develop effective management plans. Physician Consultation icons highlight situations or conditions in which consultation is either recommended or necessary. Emergency Referral icons identify signs and symptoms that indicate the need for immediate referral to an emergency facility. Co-management with Specialists discussions help you provide truly collaborative care in the outpatient setting. Complementary and alternative therapies are addressed where supported by solid research evidence. *Hyperlipidemias: New Insights for the Healthcare Professional: 2013 Edition* is a ScholarlyBrief™ that delivers timely, authoritative, comprehensive, and specialized information about Genetics in a concise format. The editors have built *Hyperlipidemias: New Insights for the Healthcare Professional: 2013 Edition* on the vast information databases of ScholarlyNews.™ You can expect the information about Genetics in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of *Hyperlipidemias: New Insights for the Healthcare Professional: 2013 Edition* has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>. *Advances in Risk and Prevention Research and*

Treatment / 2012 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information about Risk and Prevention. The editors have built Advances in Risk and Prevention Research and Treatment / 2012 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Risk and Prevention in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Advances in Risk and Prevention Research and Treatment / 2012 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Handbook of Lipidology is a practical guide to the basics of, clinical approach to, and therapeutic options for different lipid disorders. Lipid disorders covered range from dyslipidaemia and atherosclerosis, to obesity and hyperlipidaemia. Enhanced by full colour images and information tables throughout, Handbook of Lipidology is an ideal reference guide for busy clinicians and postgraduates. This valuable new resource is specifically designed for candidates for the ACSM's Certified Health Fitness Specialist (HFS) and those personal trainers wanting to take their knowledge to the next level. It contains the latest material on health and fitness written by the entity setting the standard for scientifically based practice, The American College of Sports Medicine. The American College of sports Medicine is the largest sports medicine and exercise science organization in the world. More than 45,000 members are dedicated to advancing and integrating scientific research to provide educational and practical applications of exercise science and sports medicine.

ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription was created as a complement to ACSM's Guidelines for Exercise Testing and Prescription and elaborates on all major aspects of preventative rehabilitation and fitness programs and the major position stands of the ACSM. The 7th edition provides information necessary to address the knowledge, skills, and abilities set forth in the new edition of Guidelines, and explains the science behind the exercise testing and prescription.

ACSM's Resource Manual is a comprehensive resource for those working in the fitness and clinical exercise fields, as well as those in academic training. This Army Techniques Publication (ATP), "Army Medical Logistics," ATP 4-02.1 addresses the role of medical logistics (MEDLOG) in the Army Health System (AHS). It covers MEDLOG operations from the support battalions at the tactical level to the medical command (deployment support) (MEDCOM [DS]) and theater sustainment command where the critical crossover occurs between strategic agencies within the AHS and commands and the operational units providing logistics support in-theater. Army MEDLOG, as one of the ten medical functions, is an integral part of the AHS. It provides intensive life cycle management of medical products and services that are used almost exclusively by the AHS and its joint partners and are critical to the successful delivery of Army medical capabilities. Army MEDLOG support is tailored to anticipate and effectively respond to medical requirements through the provision of uninterrupted, end-to-end sustainment of the AHS mission across the range of military operations. Providing timely and effective

AHS support is a team effort which integrates the clinical and operational aspects of the mission and requires collaboration between the medical logisticians, health care providers, distribution managers, and other partners within the Military Health System. Army MEDLOG includes management of the following functions: Medical materiel (Class VIIIA); Medical equipment maintenance and repair; Optical fabrication and repair; Patient movement items (PMI); Medical gases; Blood (Class VIIIB) storage and distribution; Regulated medical waste (including hazardous material); Medical facilities and infrastructure; Medical contracting. Society-sanctioned guidelines on care are valuable tools, but accessing key information from the often complicated statements has been a daunting task. Now, practitioners and their institutions have a clear path to successful application of guidelines from the American Heart Association. This book outlines the key AHA guidelines, Statements, and Performance Measures and includes comparisons with the associated European guidelines. This book also has a strong online component, which will alert users who sign up to new updates to the guidelines and other relevant information. It will also have links through to the full guidelines and statements. An ideal reference for practitioners and health care professionals who care for patients with abnormal lipids, *Dyslipidemia: A Clinical Approach* provides clinically relevant, user-friendly information on all aspects of this rapidly evolving field. In addition to concise yet in-depth coverage of key topics, chapters include background information, evidence from the literature, and author commentary on conflicting or debated recommendations. Written by respected leaders in cardiology, nutrition, pharmacology, endocrinology and diabetes, pediatrics, nursing, obstetrics and gynecology, and lipidology, this one-stop reference is an excellent resource for helping patients lower the burden of atherosclerotic lipid particles and reduce the risk for cardiovascular disease. Written in an accessible style and consistent format, the book covers both the fundamentals and advances in the pharmacology of cardiovascular drugs, as well as their integrated applications in the management of individual cardiovascular diseases.

- Integrates fundamentals and recent advances regarding cardiovascular drugs, blending basic and clinical sciences needed to effectively understand and treat cardiovascular diseases
- Facilitates understanding of drug action and mechanism by covering physiology / pathophysiology and pharmacology
- Includes guidelines and algorithms for pharmacotherapeutic management of cardiovascular diseases
- Uses case presentations and study questions to enhance understanding of the material
- Serves as a resource for pharmaceutical and medical students and researchers interested in cardiovascular issues

From the experts at the American Association of Critical-Care Nurses (AACN) comes the definitive resource for critical care certification and clinical practice. This new seventh edition has been thoroughly updated to reflect the current state of high acuity, progressive, and critical care nursing practice and includes expanded coverage of pain management, palliative care, and end-of-life care; transplantation; and key AACN initiatives. It also reflects the most current literature, national and international guidelines, clinical studies, and of course, the newest content on the CCRN® exam. Authored by the experts at the American Association of Critical-Care Nurses (AACN), this is the definitive guide to critical care nursing certification and clinical practice. NEW! Significantly updated content corresponds to the most recent CCRN® examination blueprint and reflects the most

current literature, national and international guidelines, clinical studies, AACN/ANA scope of practice, and ECCO 3.0. NEW! Expanded coverage of key content reflects the healthcare needs of today's patients, including pain management, palliative care, and end-of-life care; nutritional support; transplantation; and key AACN initiatives. Concise outline format is organized by body system to make information easy to digest. NEW! Clinical Pearls and Key Concepts boxes highlight key content and serve as a convenient quick reference. NEW! Improved navigation includes printed index tabs to help distinguish chapters and find information fast. Basic to advanced levels of coverage, with an emphasis on clinical nursing practice, prepare you for the full range of knowledge you will encounter on the CCRN exam and in practice. Coverage of the AACN Synergy Model is featured in the new opening chapter. Professional Care and Ethical Practice is integrated into the Core Curriculum series framework. A new chapter on Critical Care Patients with Special Needs includes bariatric and geriatric patients in critical care, as well as high-risk obstetric patients. Features new content on chest tubes, liver transplantation for acute liver failure, spirituality, and spiritual aspects of care. Integrates pain as the 5th vital sign and includes JCAHO, HCFA, and AHCPA guidelines relating to pain management. Features AHRQ evidence-based practice guidelines as reference sources for practice interventions. New organization for Patient Care presents patient problems, needs, etc. in order of clinical priority. Expanded Nursing Interventions includes considerations related to patient/family education, patient transfer, and discharge planning. Web-based resources for CDC, AHA, NINR, National Guideline Clearinghouse, NIH Consensus Conference Proceedings, ADA.

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