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True Cost Accounting for Food Big-Box Swindle The Price of Everything The True Cost of Conflict The True Cost of Waste The True Cost of Happiness The True Costs of College Scarcity Behind the Screen The China Price *The Final Call* The True Cost of Downtime (printable PDF version) Ebook The True Cost of Low Prices *Lives Per Gallon* *Ethics, Security, and the War-Machine* *The Real Cost of Cheap Food* *The Three Trillion Dollar War: The True Cost of the Iraq Conflict* True Cost of Immediacy True Cost of Liberty The Real Cost of Cheap Food *The Minimalist Vegan* *Fashionopolis* *The True Cost of Happiness* *The True Cost of PPACA* The True Cost of the War Green Living in the Urban Jungle The True Cost of Information Security Breaches and Cyber Crime Slow Fashion Sticker Shock: What's the True Cost of Federal Long-Term Care Insurance, S.Hrg. 111-401, October 14, 2009, 111-1 Joint Hearing, * The Real Cost of Living Investment in Blood The Sum of Us Farmageddon in Pictures *Economic Change and Wellbeing* *Modern Advertising* High Cost of Free Parking Overdressed *Blue Gold* The Real Cost of Fracking Cheap

The China Price Nov 22 2022 In this landmark work of investigative reporting, former Financial Times correspondent Alexandra Harney uncovers a story of immense significance to us all: how China's factory economy gains a competitive edge by selling out its workers, environment, and future. Harney's firsthand reporting brings us face-to-face with a world in which intense pricing pressure from Western companies combines with ubiquitous corruption and a lack of transparency to exact a staggering toll in human misery and environmental damage. This eye-opening expose offers, for the first time, an intimate look at the defining business story of our time.

Sticker Shock: What's the True Cost of Federal Long-Term Care Insurance, S.Hrg. 111-401, October 14, 2009, 111-1 Joint Hearing, * Apr 03 2021

High Cost of Free Parking Aug 27 2020 Off-street parking

requirements are devastating American cities. So says the author in this no-holds-barred treatise on the way parking should be. Free parking, the author argues, has contributed to auto dependence, rapid urban sprawl, extravagant energy use, and a host of other problems. Planners mandate free parking to alleviate congestion, but end up distorting transportation choices, debasing urban design, damaging the economy, and degrading the environment. Ubiquitous free parking helps explain why our cities sprawl on a scale fit more for cars than for people, and why American motor vehicles now consume one-eighth of the world's total oil production. But it doesn't have to be this way. The author proposes new ways for cities to regulate parking, namely, charge fair market prices for curbside parking, use the resulting revenue to pay for services in the neighborhoods that generate it, and remove zoning requirements for off-street parking.

Overdressed Jul 27 2020 “Overdressed does for T-shirts and leggings what Fast Food Nation did for burgers and fries.” —Katha Pollitt Cheap fashion has fundamentally changed the way most Americans dress. Stores ranging from discounters like Target to traditional chains like JCPenny now offer the newest trends at unprecedentedly low prices. And we have little reason to keep wearing and repairing the clothes we already own when styles change so fast and it's cheaper to just buy more. Cline sets out to uncover the true nature of the cheap fashion juggernaut. What are we doing with all these cheap clothes? And more important, what are they doing to us, our society, our environment, and our economic well-being?

True Cost of Immediacy Mar 15 2022

Fashionopolis Nov 10 2021 An investigation into the damage wrought by the colossal clothing industry--and the grassroots, high-tech, international movement fighting to reform it from a bestselling journalist who has traveled the globe to discover the visionary designers and companies who are propelling the industry toward that more positive future.

Green Living in the Urban Jungle Jul 07 2021 Embracing an eco-friendly lifestyle can be a daunting prospect for the average urban dweller. Synthetic surroundings are miles away from inspiring pastoral scenes, and the temptation to indulge in a spot of mindless consumerism lurks around every corner. To exacerbate matters, urban

dwellers are generally pressed for space, probably cash and definitely time. This handbook aims to address these issues head on, dispel the myths and provide some viable solutions.

The True Cost of Happiness Oct 10 2021 Personal money management advice that make sense In *The True Cost of Happiness*, financial journalist Stacey Tisdale and expert financial planner Paula Boyer Kennedy combine their extensive financial experience with a powerful series of interviews and real-world stories to help you make personal money management decisions that make more sense. They begin by discussing how the factors that drive our financial choices and behavior not only run deep, but also represent the way we define ourselves. From there, they reveal how this truth will determine if you can create the kind of financial harmony that not only supports the life you want, but also makes an honest statement of who you really are. The questions they pose are challenging, but essential, because if your financial choices and behavior are not aligned with your true values, you'll always feel like "something" is missing. And it is this disconnect that is at the root of most anxiety and unhappiness over money. Reveals how the first lessons we learn about money as children play out in our adult behavior Discusses how the messages that society sends us about the ways in which we should behave with money affect our financial choices Explores factors that can blind us to our true values, and prevent us from making the best decisions possible on issues such as debt, saving, and investing Illustrates how to create a financial plan that supports a truly happy life Filled with in-depth insights and practical advice, *The True Cost of Happiness* will put you in a better position to enjoy a life that doesn't compromise who you are.

The True Cost of Low Prices Aug 20 2022 This volume offers more than an academic analysis. In each of nine topical chapters authors Jeffrey Korgen and Vincent Gallagher begin with a story of a real person who has felt the impact of one particular aspect of globalization. They then explore the 'signs of the times', examining the relationship of these issues to low prices for goods and services.

True Cost Accounting for Food Sep 01 2023 This book explains how True Cost Accounting is an effective tool we can use to address the pervasive imbalance in our food system. Calls are coming from all

quarters that the food system is broken and needs a radical transformation. A system that feeds many yet continues to create both extreme hunger and diet-related diseases, and one which has significant environmental impacts, is not serving the world adequately. This volume argues that True Cost Accounting in our food system can create a framework for a systemic shift. What sounds on the surface like a practice relegated to accountants is ultimately a call for a new lens on the valuation of food and a new relationship with the food we eat, starting with the reform of a system out of balance. From the true cost of corn, rice and water, to incentives for soil health, the chapters economically compare conventional and regenerative, more equitable farming practices in and food system structures, including taking an unflinching look at the true cost of cheap labour. Overall, this volume points towards the potential for our food system to be more human-centred than profit-centred and one that has a more respectful relationship to the planet. It sets forth a path forward based on True Cost Accounting for food. This path seeks to fix our current food metrics, in policy and in practice, by applying a holistic lens that evaluates the actual costs and benefits of different food systems, and the impacts and dependencies between natural systems, human systems, agriculture and food systems. This volume is essential reading for professionals and policymakers involved in developing and reforming the food system, as well as students and scholars working on food policy, food systems and sustainability.

The True Cost of Waste Apr 27 2023 Our modern society's hunger to adopt new technologies and discard them just as quickly is leading us to significant waste stockpiles. Of considerable concern are the heavy metals, phthalates, halogens, and other toxic materials used in the manufacturing of these products. When unprocessed in the waste stream or informally processed using crude techniques, they have the potential to create toxic long-term ground, air and water pollution, resulting in illnesses and deaths worldwide. Increased development and rapid global adoption of future technologies without careful attention to these issues will further exacerbate already growing issues of electronic waste. With the vast majority of electronic waste flows being unaccounted for, can we arrest this issue before we are buried under our old technologies?

The True Cost of Happiness Mar 27 2023 Personal money management advice that make sense In The True Cost of Happiness, financial journalist Stacey Tisdale and expert financial planner Paula Boyer Kennedy combine their extensive financial experience with a powerful series of interviews and real-world stories to help you make personal money management decisions that make more sense. They begin by discussing how the factors that drive our financial choices and behavior not only run deep, but also represent the way we define ourselves. From there, they reveal how this truth will determine if you can create the kind of financial harmony that not only supports the life you want, but also makes an honest statement of who you really are. The questions they pose are challenging, but essential, because if your financial choices and behavior are not aligned with your true values, you'll always feel like "something" is missing. And it is this disconnect that is at the root of most anxiety and unhappiness over money. Reveals how the first lessons we learn about money as children play out in our adult behavior Discusses how the messages that society sends us about the ways in which we should behave with money affect our financial choices Explores factors that can blind us to our true values, and prevent us from making the best decisions possible on issues such as debt, saving, and investing Illustrates how to create a financial plan that supports a truly happy life Filled with in-depth insights and practical advice, The True Cost of Happiness will put you in a better position to enjoy a life that doesn't compromise who you are.

***The True Cost of PPACA* Sep 08 2021**

***Modern Advertising* Sep 28 2020**

The Three Trillion Dollar War: The True Cost of the Iraq Conflict Apr 15 2022 The true cost of the Iraq War is \$3 trillion—and counting—rather than the \$50 billion projected by the White House. Apart from its tragic human toll, the Iraq War will be staggeringly expensive in financial terms. This sobering study by Nobel Prize winner Joseph E. Stiglitz and Harvard professor Linda J. Bilmes casts a spotlight on expense items that have been hidden from the U.S. taxpayer, including not only big-ticket items like replacing military equipment (being used up at six times the peacetime rate) but also the cost of caring for thousands of wounded veterans—for the rest of their lives. Shifting to a global focus,

the authors investigate the cost in lives and economic damage within Iraq and the region. Finally, with the chilling precision of an actuary, the authors measure what the U.S. taxpayer's money would have produced if instead it had been invested in the further growth of the U.S. economy. Written in language as simple as the details are disturbing, this book will forever change the way we think about the war.

The Real Cost of Fracking May 24 2020 A pharmacologist and a veterinarian pull back the curtain on the human and animal health effects of hydraulic fracturing, or “fracking” Across the country, fracking—the extraction of natural gas by hydraulic fracturing—is being touted as the nation’s answer to energy independence and a fix for a flagging economy. Drilling companies assure us that the process is safe, politicians push through drilling legislation without a serious public-health debate, and those who speak out are marginalized, their silence purchased by gas companies and their warnings about the dangers of fracking stifled. The Real Cost of Fracking pulls back the curtain on how this toxic process endangers the environment and harms people, pets, and livestock. Michelle Bamberger, a veterinarian, and Robert Oswald, a pharmacologist, combine their expertise to show how contamination at drilling sites translates into ill health and heartbreak for families and their animals. By giving voice to the people at ground zero of the fracking debate, the authors vividly illustrate the consequences of fracking and issue an urgent warning to all of us: fracking poses a dire threat to the air we breathe, the water we drink, and even our food supply. Bamberger and Oswald reveal the harrowing experiences of small farmers who have lost their animals, their livelihoods, and their peace of mind, and of rural families whose property values have plummeted as their towns have been invaded by drillers. At the same time, these stories give us hope, as people band together to help one another and courageously fight to reclaim their communities. The debate over fracking speaks to a core dilemma of contemporary life: we require energy to live with modern conveniences, but what degree of environmental degradation, health risks, and threats to our food supply are we willing to accept to obtain that energy? As these stories demonstrate, the stakes couldn’t be higher, and this is an issue that none of us can afford to ignore.

***The Final Call* Oct 22 2022** This is an investigative travelogue, written as the author journeys around the world, from theme park to golf course, from sunlounger to ecolodge. At each destination we hear from the key protagonists, the holidaymaker, waiter, hotelier, souvenir-seller, tour guide, environmentalist and local politician. His discoveries of what lies behind the glossy veneer of a resort hotel makes for sober reading.

The True Cost of Downtime (printable PDF version) Ebook Sep 20 2022

Behind the Screen Dec 24 2022 Cervical cancer is unique among cancers in that it is largely preventable, yet it still affects around 3,000 women each year. Screening can allow for almost all cervical cancers to be detected and treated before they have a chance to develop. But screening does not have the take-up that it should -- and in the past ten years there has been a long, slow decline in screening coverage leading to an increase in the rates of cervical cancer. Beyond these human costs, there is also a substantial financial cost to cervical cancer: not just on individuals but also on the NHS and state more widely. For the first time, *Behind the Screen* models the impact of an improved screening rate. It finds that the NHS currently spends around £21 million a year treating cervical cancer, while the state loses £9 million in tax revenue from women and their partners who stop work as a result. Women diagnosed with cervical cancer faced a combined financial loss of £14 million a year -- £5,844, on average, for each woman diagnosed. If screening coverage were to reach 100 per cent, it estimates that costs to the NHS would almost halve, costs to the state would fall by a third, and total costs to women diagnosed with cervical cancer would fall by around 40 per cent. More importantly, incidence of cancer would also almost halve. Based on these findings, the report concludes by offering a set of recommendations for a renewed and concerted effort to increase the number of women regularly attending screening by removing some of the practical, psychological and emotional barriers.

**The Sum of Us Jan 01 2021 NEW YORK TIMES BESTSELLER •
LONGLISTED FOR THE NATIONAL BOOK AWARD •** One of today's most insightful and influential thinkers offers a powerful exploration of inequality and the lesson that generations of Americans have failed to

learn: Racism has a cost for everyone—not just for people of color. WINNER OF THE PORCHLIGHT BUSINESS BOOK AWARD • ONE OF THE BEST BOOKS OF THE YEAR: Time, The Washington Post, St. Louis Post-Dispatch, Ms. magazine, BookRiot, Library Journal “This is the book I’ve been waiting for.”—Ibram X. Kendi, #1 New York Times bestselling author of How to Be an Antiracist Look for the author’s new podcast, The Sum of Us, based on this book! Heather McGhee’s specialty is the American economy—and the mystery of why it so often fails the American public. From the financial crisis of 2008 to rising student debt to collapsing public infrastructure, she found a root problem: racism in our politics and policymaking. But not just in the most obvious indignities for people of color. Racism has costs for white people, too. It is the common denominator of our most vexing public problems, the core dysfunction of our democracy and constitutive of the spiritual and moral crises that grip us all. But how did this happen? And is there a way out? McGhee embarks on a deeply personal journey across the country from Maine to Mississippi to California, tallying what we lose when we buy into the zero-sum paradigm—the idea that progress for some of us must come at the expense of others. Along the way, she meets white people who confide in her about losing their homes, their dreams, and their shot at better jobs to the toxic mix of American racism and greed. This is the story of how public goods in this country—from parks and pools to functioning schools—have become private luxuries; of how unions collapsed, wages stagnated, and inequality increased; and of how this country, unique among the world’s advanced economies, has thwarted universal healthcare. But in unlikely places of worship and work, McGhee finds proof of what she calls the Solidarity Dividend: the benefits we gain when people come together across race to accomplish what we simply can’t do on our own. The Sum of Us is not only a brilliant analysis of how we arrived here but also a heartfelt message, delivered with startling empathy, from a black woman to a multiracial America. It leaves us with a new vision for a future in which we finally realize that life can be more than a zero-sum game.

LONGLISTED FOR THE ANDREW CARNEGIE MEDAL

The True Costs of College Feb 23 2023 This book examines the true costs of attendance faced by low- and moderate-income students on

four public college campuses, and the consequences of these costs on students' academic pathways and their social, financial, health, and emotional well-being. The authors' exploration of the true costs of academics, living expenses, and student services leads them to conclude that current college policies and practices do not support low-income and otherwise marginalized students' well-being or success. To counter this, they suggest that reform efforts should begin by asking value-based questions about the goals of public higher education, and end by crafting class-responsive policies. They propose three tools that policymakers can use to do this work, and steps that every person can take to revitalize public support for public education, equity-producing policies, and democratic participation in the public arena.

The True Cost of the War Aug 08 2021

***The Real Cost of Cheap Food* May 17 2022 Introduction -- Cheap food, globalization and development -- Cheap food and conflict -- Cheap food, hunger and obesity -- Cheap meat -- Cheap food and the environment -- Cheap food--but at what price? -- Cheap food, community and culture -- Cheap food: who wins? -- Making food affordable**

Slow Fashion May 05 2021 Slow Fashion offers creatives, entrepreneurs, and ethical consumers alike a glimpse into the innovative world of the eco-concept store movement, sustainable design, and business that puts people, livelihoods, and sustainability central to everything they do. Safia Minney argues that the future of brick and mortar retail is in the best in fair trade, sustainability, and organic products, together with vintage and second hand goods and local produce. Restorative economics, the well-being of our planet, and our bodies and minds can be inspired by this growing sector, one that is shaping big business. This book curates pioneering people and projects that will inspire you to be part of the change. International names include Livia Firth, Zandra Rhodes, and Lily Cole. American change-makers include Andrew Morgan, filmmaker (*The True Cost*, a ground-breaking documentary that asks us each to consider who pays the price for our clothing), and Dana Geffner (Fair World Project). With full color photography and elegant design, *Slow Fashion* profiles the people bringing the alternatives to the mainstream: designers, labels,

and eco-concept stores across the world; fair trade producers; campaigns that are re-designing the fashion economy; and the fibers and fabrics which are making a difference. Safia Minney is founder and CEO of fair trade and sustainable fashion label People Tree. She has turned a lifelong interest in environment, trade, and social justice issues into an award-winning social business. She is widely regarded as a leader in the Fair Trade movement and has been awarded Outstanding Social Entrepreneur by the World Economic Forum.

Big-Box Swindle Jul 31 2023 Large retail chains have become the most powerful corporations in America and are rapidly transforming our economy, communities, and landscape. In this deft and revealing book, Stacy Mitchell illustrates how mega-retailers are fueling many of our most pressing problems, from the shrinking middle class to rising water pollution and diminished civic engagement. Mitchell's investigation takes us from the suburbs of Cleveland to a fruit farm in California, the stockroom of an Oregon Wal-Mart, and a Pennsylvania town's Main Street. She uncovers the shocking role government policy has played in the expansion of mega-retailers and builds a compelling case that communities composed of many small businesses are healthier and more prosperous than those dominated by large chains. More than a critique, Big-Box Swindle draws on real life to show how some communities are successfully countering the spread of mega-retailers and rebuilding their local economies. Mitchell describes innovative approaches-from cutting-edge land-use policies to small-business initiatives-that together provide a detailed road map to a more prosperous and sustainable future. From the Hardcover edition.

The Real Cost of Cheap Food Jan 13 2022 This challenging but accessible book critically examines the dominant food regime on its own terms, by seriously asking whether we can afford cheap food and exploring what exactly cheap food affords us. Detailing the numerous ways that food has become reduced to a state, such as a price per ounce, combination of nutrients, yield per acre, or calories, the book argues for a more contextual understanding of food when debating its affordability. The author makes a compelling case for why today's global food system produces just the opposite of what it promises. The food produced under this regime is in fact exceedingly expensive. Thus meat production and consumption are inefficient uses of

resources and contribute to climate change; the use of pesticides in industrial-scale agriculture may produce cheap food, but there are hidden costs to environmental protection, human health and biodiversity conservation. Many of these costs will be paid for by future generations – cheap food today may mean expensive food tomorrow. By systematically assessing these costs the book delves into issues related, but not limited, to international development, national security, health care, industrial meat production, organic farming, corporate responsibility, government subsidies, food aid and global commodity markets. The book concludes by suggesting ways forward, going beyond the usual solutions such as farmers markets, community supported agriculture, and community gardens. Exploding the myth of cheap food requires we have at our disposal a host of practices and policies. Some of those proposed and explored include microloans, subsidies for consumers, vertical agriculture, and the democratization of subsidies for producers.

The True Cost of Information Security Breaches and Cyber Crime Jun 05 2021 This pocket guide uses case studies to illustrate the possible breach scenarios that an organisation can face. It sets out a sensible, realistic assessment of the actual costs of a data or information breach and explains how managers can determine the business damage caused.

Farmageddon in Pictures Nov 30 2020 Farmageddon: the quiet revolution of mega-farming that is threatening our countryside, farms, and food. Farm animals have been disappearing from our fields as the production of food has become a global industry. We no longer know for certain what is entering the food chain and what we are eating--as the UK horsemeat scandal demonstrated. We are reaching a tipping point as the farming revolution threatens our health and the quality of our food wherever we live in the world. Farmageddon is a fascinating and terrifying investigative journey behind the closed doors of a runaway industry across the world--from the UK, Europe and the USA, to China, Argentina, Peru, and Mexico. It is both a wake-up call to change our current food production and eating practices and an attempt to find a way to a better farming future.

Ethics, Security, and the War-Machine Jun 17 2022 This book addresses the question of when (if ever) and why (if at all) it is

justifiable for a polity to prepare for war by militarizing. In doing so it highlights the ways in which a civilian population compromises its own security in maintaining a permanent military establishment, and explores the moral and social costs of militarization.

***Economic Change and Wellbeing* Oct 29 2020 Technological progress and globalization have generated indisputable benefits, but also relevant costs, such as growing economic inequality, economic fluctuations, and financial instability. Mainstream economics has usually considered these costs as temporary, evenly distributed, and more than compensated by the gains of the phases of economic expansion. In this book, which focuses mainly (though not only) on the labor market, the authors contend that the major costs of the intensified process of creative destruction, through which economic change proceeded, have been ignored and the benefits overrated, thus incorrectly estimating the net impact of economic growth on subjective wellbeing. The book argues that the positive consequences of economic change and globalization may not compensate for the negatives, because psychological losses are felt more strongly than gains (due to loss aversion) and the costs are unequally distributed (those on low incomes disproportionately suffer more). The result is an overall reduction in wellbeing and therefore appropriate policies are necessary to allow more people to enjoy the benefits of technological progress without suffering the costs. The authors develop a comprehensive framework in which the socio-psychological context and educational level of a community determine the most suitable policies both for the short and for the long run. The book makes an invaluable contribution to the literature on economic growth and development, labor economics, the economics of wellbeing, and applications of behavioral economics. The readers that may be interested in this book are economists and other social scientists, but also general readers, since the analysis is maintained simple and accessible. University teachers can use the book for courses on economic growth and development, on labor economics, on the economics of human capital, on the economics of wellbeing, and on applications of behavioral economics.**

***True Cost of Liberty* Feb 11 2022 Stories of men who fought for freedom from the same small town.**

***The Minimalist Vegan* Dec 12 2021** *The Minimalist Vegan* by Masa and Michael Ofei is less of a how-to book, and more of a why-to book. A manifesto on why to live with less stuff and with more compassion. They explore the intersection of minimalism and veganism and all that each complimentary lifestyle has to offer. They dive deep into conscious living and what it actually means. With chapters on topics such as "The More Virus" and Courageously Simple to The Superior Species and A Plastic World, Masa and Michael cover every aspect to help challenge your way of thinking. Their hope is that by the end of it, you'll have the thirst and passion to architect your life in a way that brings you purpose and joy each and every day. They have written this book to be read within a few hours. Yes, even if you'd consider yourself to be a slow reader! Each chapter can be read independently, so you can jump ahead to a section that resonates with you. However, reading the book from start to finish is a great way to build momentum as you manifest your ideas and dive into a more conscious way of living.

Scarcity Jan 25 2023 Why can we never seem to keep on top of our workload, social diary or chores? Why does poverty persist around the world? Why do successful people do things at the last minute in a sudden rush of energy? Here, economist Sendhil Mullainathan and psychologist Eldar Shafir reveal that the hidden side behind all these problems is that they're all about scarcity. Using the new science of scarcity, they will change the way you think about both the little everyday tasks and the big issues of global urgency. 'It's the scarcity trap, and you need to know about it.' *New Scientist*, Books of the Year 'The finest combination of heart and head that I have seen.' Daniel Kahneman, author of *Thinking, Fast and Slow* 'A captivating book, overflowing with new ideas, fantastic stories, and simple suggestions that just might change the way you live.' Steven D. Levitt, coauthor of *Freakonomics* 'A highly original and easily readable book that is full of intriguing insights. What does a single mom trying to make partner at a major law firm have in common with a peasant who spends half her income on interest payments? The answer is scarcity. Read this book to learn the surprising ways in which scarcity affects us all.' Richard Thaler, co-author of *Nudge* 'Extraordinarily illuminating, important, novel and immensely creative.' Cass R. Sunstein, *New York Review of*

Books 'Ultimately humane and very welcome.' Oliver Burkeman, Guardian

***Blue Gold* Jun 25 2020** International tensions around water are rising in many of the world's most volatile regions. The policy recipe pursued by the West, and imposed on governments elsewhere, is to pass control over water to private interests, which simply accelerates the cycle of inequality and deprivation. California, as well as China, South Africa, Mexico and countries on every continent already face a crisis. This book exposes the enormity of the problem, the dangers of the proposed solution and the alternative, which is to recognize access to water as a fundamental human right, not dependent on ability to pay.

The Real Cost of Living Mar 03 2021 Every decision, from buying a home to grabbing a daily latte, has costs and benefits-personal as well as financial. The Real Cost of Living helps you make better decisions, both big and small- decisions that involve money, but aren't all about money. Well-known personal finance expert Carmen Wong Ulrich makes personal finance personal and takes into account that we all have motivations that go way beyond number crunching. From marriage and family to career, investing, and more, Carmen examines the "real cost" of the choices we all make every day. *Is deciding whether to go back to work full-time after you have a child really all about money? Should it be? *Is prepaying a mortgage a smart-money move, or is it really about craving security and stability-and which means more to you? *How much do your bad habits really cost you? And is saving thousands of dollars enough of a motivation to get you to stop? *Are college degrees really worthwhile? And if so, how can you maximize the odds of gaining all the benefits of a degree, both personally and financially? *Is becoming your own boss the answer to your career malaise? Can you handle the costs? The Real Cost of Living is a rare melding of personal psychology and personal finance at an important time when we have discovered that having more money may not bring more happiness, but knowing what really will make you happy can be worth any cost. Watch a Video

Investment in Blood Jan 30 2021 "In this follow-up to his much-praised book *Losing Small Wars: British Military Failure in Iraq and Afghanistan*, Frank Ledwidge argues that Britain has paid a heavy

cost - both financially and in human terms - for its involvement in the Afghanistan war. Ledwidge calculates the high price paid by British soldiers and their families, taxpayers in the United Kingdom, and, most importantly, Afghan citizens, highlighting the thousands of deaths and injuries, the enormous amount of money spent bolstering a corrupt Afghan government, and the long-term damage done to the British military's international reputation. In this hard-hitting exposé, based on interviews, rigorous on-the-ground research, and official information obtained through the Freedom of Information Act, Ledwidge demonstrates the folly of Britain's extended participation in an unwinnable war. Arguing that the only true beneficiaries of the conflict are development consultants, international arms dealers, and Afghan drug kingpins, he provides a powerful, eye-opening, and often heartbreaking account of military adventurism gone horribly wrong."--

Cheap Apr 23 2020 A myth-shattering investigation of the true cost of America's passion for finding a better bargain From the shuttered factories of the Rust Belt to the strip malls of the Sun Belt-and almost everywhere in between-America has been transformed by its relentless fixation on low price. This pervasive yet little- examined obsession with bargains is arguably the most powerful and devastating market force of our time, having fueled an excess of consumerism that blights our landscapes, escalates personal debt, lowers our standard of living, and even skews of our concept of time. Spotlighting the peculiar forces that drove Americans away from quality, durability, and craftsmanship and towards quantity, quantity, and more quantity, Ellen Ruppel Shell traces the rise of the bargain through our current big-box profusion to expose the astronomically high cost of cheap.

***Lives Per Gallon* Jul 19 2022 How much would you pay for a gallon of gas? \$4.00? \$10.00? Would you pay with the health of your lungs or with years taken from your lifespan? The infamous "pain at the pump" runs much deeper than our wallets, argues Terry Tamminen, former Secretary of the California Environmental Protection Agency and current Special Advisor to California Governor Arnold Schwarzenegger. Petroleum may power our cars and heat our homes, but it also contributes to birth defects and disorders like asthma and emphysema, not to mention cancer. In *Lives Per Gallon*, Tamminen**

takes a hard look at these and other health, environmental, and national security costs hidden in every barrel of oil. While the petroleum industry is raking in huge profits, Tamminen shows, it is studiously avoiding measures that would lessen the hazards of its products. Using the successful lawsuits by state governments against big tobacco as a model, the author sets forth a bold strategy to hold oil and auto companies accountable and force industry reform. He also offers a blueprint for developing alternative energy sources based on California's real world experiences. Certain to be controversial, *Lives Per Gallon* is an unblinking assessment of the true price of petroleum and a prescription for change. The choice is clear: continuing paying with our health, or kick our addiction and evolve beyond an oil-dependent economy.

The Price of Everything Jun 29 2023 Porter sets out to uncover the hidden logic of price and value that drives people's actions. The connections he uncovers are unexpected, sometimes shocking, always interesting, and ultimately highly enlightening.

The True Cost of Conflict May 29 2023 This study examines seven recent civil and international conflicts, including the Gulf War, the struggle for independence in Kashmir, the civil wars in the Sudan and Mozambique, Indonesia's invasion of East Timor, and the guerilla war in Peru. The contributors describe the price of conflict not only in terms of deaths and injuries, but also in terms of social, economic and environmental consequences. They ask who, if anyone, really benefits from conflict. They also explore the impact of these conflicts on the Western world, and current approaches to conflict management and prevention.

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- [Blue Gold](#)

- The Real Cost Of Fracking
- Cheap