

Online Library The Hairy Bikers Cookbook Pdf Free Copy

The Hairy Bikers' Cookbook *The Hairy Bikers' Meat Feasts* **The Hairy Bikers' Mediterranean Adventure** (TV tie-in) *The Hairy Bikers' British Classics* **Mums Know Best** **The Hairy Bikers' Everyday Winners** **The Hairy Bikers' Asian Adventure** *The Hairy Bikers' Veggie Feasts* *Good Eating* *The Hairy Dieters Go Veggie* **The Hairy Bikers' One Pot Wonders** *The Hairy Dieters* *The Hairy Bikers' Chicken & Egg* **The Hairy Dieters Eat for Life** **The Hairy Dieters: Good Eating** *The Hairy Bikers' Great Curries* **The Hairy Dieters: Fast Food** **The Hairy Dieters' Simple Healthy Food** **The Hairy Bikers Eat to Beat Type 2 Diabetes** **The Hairy Bikers Ride Again** *The Hairy Bikers' Big Book of Baking* **The Hairy Dieters Make It Easy** **The Hairy Bikers Cookbook** **The Hairy Bikers' Brilliant Bakes** **The Hairy Bikers' Perfect Pies** **The Hairy Bikers Eat to Beat Type 2 Diabetes** **The Hairy Dieters' Eat Well Every Day** **The Hairy Bikers' Family Cookbook** **The Hairy Bikers' 12 Days of Christmas** *Mums Still Know Best* *The Hairy Bikers' Ultimate Comfort Food* **The Hairy Dieters** **The Hairy Bikers' Food Tour of Britain** *The Hairy Bikers Blood, Sweat and Tyres* *The hairy bikers' food tour of Britain* **The Dumpling Sisters Cookbook** **Hiroko's American Kitchen** *Hairy Bikers 12 Days of Christmas Signed* *The Aubergine Cookbook* **Trap Kitchen**

The Hairy Bikers' Brilliant Bakes Aug 30 2021 THE BRAND-NEW SUNDAY TIMES BESTSELLER Bake every day the Bikers' way For the Hairy Bikers, nothing says love and home like the smell of a cake in the oven, a homemade loaf or a hearty, freshly baked pie. Here, in this ultimate collection of bakes from the nation's favourite cooking duo, you will find everything from home-made beef slices to cheese, onion & potato pie, lime & coconut drizzle cake to billionaires' shortbread, the ultimate Victoria sponge to an epic cheese & chorizo share & tear bread. Sweet and savoury alike, there are the classic bakes the Bikers have loved since childhood, plus mouth-watering new creations to discover, and as always each recipe is packed with flavour and triple-tested. Si and Dave know that baking is all about getting the basics right, so along with their favourite recipes, they will also be sharing plenty of tips and tricks to build your baking confidence and expertise. This really is the ultimate baking bible and the only one you need on your shelf. So what are you waiting for? Let's get baking the Hairy Bikers' way!

The Hairy Bikers' Everyday Winners Mar 17 2023 THE FANTASTIC NEW SUNDAY TIMES BESTSELLER. Big flavours. Good ingredients. Uncomplicated food. That's what Si King and Dave Myers, AKA the Hairy Bikers, are known and loved for. Now the kings of comfort, and nation's favourite cooking duo, bring you everyday cooking at its best. For this book, Si and Dave have conducted a survey to ask you, their fans, what you all love to eat at home. You answered in your thousands, sharing so many great ideas for go-to dinners, puddings and bakes. Inspired by these, the Bikers have created 100 new triple-tested recipes for easy and delicious ways to elevate these everyday family favourites into taste sensations. From hearty roasts to mouth-watering curries, speedy stir-fries to easy-to-cook pastas and pies, and irresistible puds and bakes, EVERYDAY WINNERS is packed full of ideas to make every meal memorable. Enjoy mega-satisfying recipes include Chicken Kiev Pasta Bake, Tex Mex Beef Chilli, Sausage Risotto and Lamb Kofta Vindaloo, or tempting puds like Pineapple & Rum Sticky Toffee Pudding and Cherry & Dark Chocolate Cheesecake. With each dish bursting with the Hairy Bikers' trademark big flavours, these are just some of the many tasty delights in this cracking new cookbook. It's time to mix things up in the kitchen, so get stuck in and add a little Bikers' magic to your cooking - whatever day it is!

The Hairy Bikers' Perfect Pies Jul 29 2021 A call to arms to celebrate the Great British classic, the PIE.

Good Eating Dec 14 2022 Following on from their multi-million selling diet books, THE HAIRY DIETERS and THE HAIRY DIETERS: EAT FOR LIFE, the Hairy Bikers share more delicious low-calorie recipes and easy-to-follow advice. Si King and Dave Myers, aka the Hairy Bikers, have been entertaining and feeding Britain with their unique blend of tasty recipes, cheeky humour and motorbike enthusiasm for years now. The Hairy Dieters books have sold nearly 2 million copies in the UK and their third diet book provides even more low-cal family favourites. Si King and Dave Myers are the nation's favourite food heroes. The stars of numerous TV cookery series, they represent all that is good-hearted and loved about food.

Mums Know Best Apr 18 2023 THE HAIRY BIKERS: MUMS KNOW BEST is the BBC's biggest food event for years. Si and Dave undertake a nationwide search for Britain's lost recipes - those forgotten gems or secret scribbles handed down through the generations - for a landmark TV series. The Bikers send out a call-to-arms for mums, daughters and their grandmothers to unlock their private recipe archives and share with, and learn from, other mums of all races and backgrounds. This is a heart-warming and down-to-earth recipe book that takes place against beautiful British backdrops throughout the summer. Here yummy mummies, Northern matriarchs, West Indian foster mums and ladies of the manor all come together with recipes to share, tips to swap and techniques to learn, in a book that contains 112 different recipes.

The Hairy Dieters Dec 22 2020 'Si & Dave's recipes are SO much more delicious than the average diet dishes, it's no wonder they lost nearly 6st between them!' WOMAN 'Delicious recipes that are for "real people, not skinny minnies" - including hearty family meals and baked treats' EASY FOOD 'Showcases the many mouthwatering, healthy recipes that have helped them drop the pounds' DAILY EXPRESS The Hairy Bikers have lost almost 6 stone between them and you can lose weight too... Si King and Dave Myers are self-confessed food lovers. Food isn't just fuel to them, it's their life. But, like many of us, they've found that the weight has crept on over the years. So they've made a big decision to act before it's too late and lose some pounds. With over 1.3 million copies and counting, Si and Dave have come up with tasty recipes that are low in calories and big on flavour in this groundbreaking diet book. This is real food for real people, not skinny minnies.

The Hairy Bikers' Ultimate Comfort Food Jan 23 2021 Si King and Dave Myers, AKA the Hairy Bikers, are known and loved

for their hearty dishes, big flavours, and simple food. Now the nation's favourite cooking duo are back to bring you the perfect collection of comforting recipes - perfect for those cosy times spent with friends and family. Inspired by the dishes that Si and Dave loved to eat growing up and that they cook with their families now, this is comfort food at its best. Recipes that are guaranteed to be delivered on flavour, even when you're short on time, all made with readily available and affordable ingredients. Real, everyday food to enjoy and share. From easy suppers such as risotto carbonara and sausage casserole that can be rustled up with minimal fuss to slow-cooked weekend feasts such as duck confit shepherd's pie and parmigiana melanzane, plus tempting snacks, soups & stews and puddings, you'll find versatile, delicious and comforting food for every day and every occasion. Chapters include: - Soups and stews: Beef & barley stew, Clam chowder - Snacks and light comforts: Tomato monkey bread, Teriyaki chicken wings - Easy comforts: Chicken stroganoff, Millie's beef & baked bean hotpot - Spicy comforts: Curried beef pasties, Chipotle prawn tacos - Weekend comforts: Rigatoni pie, Four cheese lasagne - Teatime: Stem ginger & lemon cake, Chicken & spinach empanadas - Puddings: Pear & banana crumble, Knickerbocker glory

The Hairy Bikers' One Pot Wonders Oct 12 2022 The Sunday Times Bestseller A wonder of a recipe collection celebrating the simple joys of one pot cooking Life is complicated enough so why not let Si King and Dave Myers, AKA the Hairy Bikers, make it just that bit easier? Whether it's inspiration for supper after a hard day's work or a slow roast feast for a weekend gathering, One Pot Wonders has it all. From rich and warming tray bakes to light but satisfying salads, these triple-tested recipes deliver on flavour and cut out the fuss. This is Si and Dave's most wonderful collection yet, with chapters on breakfasts and brunches, soups and salads, satisfying stews, quick one pot carbs, tarts and tray bakes, stovetop suppers, pies and pot roasts, and puddings and cakes - this collection is a belter! Enjoy savoury classics like Sausage and Bean tray bake and Showstopper Quiche, or the sweet delights of Rhubarb and Orange Crumble and Boozy Syllabub Trifle, there's so much here to tickle the taste buds and get your cooking mojo back into the kitchen. So dial back the effort and turn up the flavour with the boys' One Pot Wonders!

The Hairy Bikers' 12 Days of Christmas Mar 25 2021 Make this year's Christmas dinner your greatest and most relaxed ever with Hairy Bikers Si King and Dave Myers. With their irrepressible enthusiasm for great food and all things festive, Si and Dave have put together the definitive Christmas cookbook. Combining fool-proof versions of the nation's favourite Christmas dishes with new and inventive festive recipes they love to cook for their friends and families, the Hairy Bikers will ensure you serve up cracking meals with ease throughout the holiday season. As well as covering what to cook on the big day itself, the Hairy Bikers also give you tasty dishes for Christmas Eve, delicious cocktails to tame your in-laws, ingenious recipes for all those leftovers and fancy snacks to nibble on in front of the telly. They even show you how to make your own Christmas crackers - and help keep the kids distracted. This is the perfect companion to your festive celebrations.

The Hairy Dieters Go Veggie Nov 13 2022 The bestselling, big-hearted and down-to-earth chefs, The Hairy Bikers, return with 80 delicious vegetarian recipes to make losing weight and eating less meat even easier. In their multi-million selling HAIRY DIETERS series, the Hairy Bikers proved that you can eat your favourite foods and still lose weight. Jam-packed full of delicious, low-cal versions of traditional classics and family favourites, they have taken the deprivation out of dieting and helped millions shift the pounds. Following on from THE HAIRY DIETERS, THE HAIRY DIETERS EAT FOR LIFE, THE HAIRY DIETERS GOOD EATING and THE HAIRY DIETERS: FAST FOOD, THE HAIRY DIETERS GO VEGGIE, shows that going vegetarian can be just as easy as going low-cal. Whether you want to cut out meat entirely, cut down, or just incorporate some more meat-free dishes into your diet, the book is full of simple and easy-to-follow recipes for tasty veggie meals and snacks, from Lancashire Hot Pot to Veggie Sausages. Si King and Dave Myers, aka the Hairy Bikers, have been entertaining and feeding Britain with their unique blend of delicious recipes, cheeky humour and motorbike enthusiasm for years now. The Hairy Dieters books have sold over 3 million copies in the UK, and their fifth book is set to make healthy eating even easier. Si King and Dave Myers are the nation's favourite food heroes. The stars of numerous TV cookery series, they represent all that is good-hearted and loved about food.

The Hairy Bikers' Meat Feasts Jul 21 2023 There's something about the smell of meat cooking that signals a feast - it's savoury, comforting and tempting. A steak on the grill, a roast in the oven, a casserole bubbling: they make your mouth water. Si King and Dave Myers, aka the Hairy Bikers, have always been passionate about meat, and this bible is an unadulterated celebration of the fine produce we have available today. MEAT FEASTS includes all their favourite recipes and some new surprises. There are family classics, spicy treats, perfect pies and delicious zingy salads. Si and Dave love their veggies too, and MEAT FEASTS features some of the very best veg recipes to showcase a Sunday joint or make a little meat of a very long way. A meaty modern classic, MEAT FEASTS is your one-stop meat cookbook!

The Hairy Dieters' Eat Well Every Day May 27 2021 Number-one bestselling authors Si King and Dave Myers are back with an irresistible collection of recipes designed to help you live your best life. From delicious breakfasts to boost your immunity to healthy lunches that will improve your energy levels, dinners that are guaranteed to help you pack in five-a-day to the ultimate brain foods, these recipes have all been developed and selected to fulfil specific health needs. With chapters including ... · Feed Your Immunity · Eating For Energy · 5 A Day · Fibre Feasts · Brain Foods · Look After Your Heart · Sleep Suppers There are plenty of no-fuss, tasty recipes, like Spiced Sweet Potato Tea Bread, Shepherd's Pie with Cauliflower Mash, Pot-Roast Chicken with Barley, Mackerel Fishcakes and Blueberry Mini Loaf Cakes. Plus, full nutritional and calorie information for each dish. With each recipe packed with the Hairy Bikers' trademark big flavours, affordable and easy-to-find ingredients and creative ideas, Eat Well Every Day is full of delicious food that will help control your weight, improve your health and make you feel great.

The Hairy Dieters Sep 11 2022 'Si & Dave's recipes are SO much more delicious than the average diet dishes, it's no wonder they lost nearly 6st between them!' WOMAN 'Delicious recipes that are for "real people, not skinny minnies" - including hearty family meals and baked treats' EASY FOOD 'Showcases the many mouthwatering, healthy recipes that have helped them drop the pounds' DAILY EXPRESS The Hairy Bikers have lost almost 6 stone between them and you can lose weight too... Si King

and Dave Myers are self-confessed food lovers. Food isn't just fuel to them, it's their life. But, like many of us, they've found that the weight has crept on over the years. So they've made a big decision to act before it's too late and lose some pounds. In this groundbreaking diet book, Si and Dave have come up with tasty recipes that are low in calories and big on flavour. This is real food for real people, not skinny minnies. There are ideas for family meals, hearty lunches and dinners, even a few knock-out bakes and snacking options. The Hairy Bikers will always love their food - pies and curries won't be off the menu for long! - but using these recipes, and following their clever tips and heartfelt advice, you can bake your cake, eat it, and lose the pounds. This book includes: Breakfast & Brunch One-Pan Dishes Grills & Roasts Pies Stews Vegetables & Salads Fakeaways Pasta & Rice Puddings & Cakes Lunch Boxes & Snacks Menus for your first week

The Hairy Bikers' Big Book of Baking Dec 02 2021 The long-awaited baking bible from the Hairy Bikers AKA Si King and Dave Myers. With their irrepressible enthusiasm for great food, Si King and Dave Myers, AKA the Hairy Bikers, travel the length and breadth of Europe to discover the best baking recipes from the Continent. From Norway to Southern Spain, the boys eat their way across ten countries, making friends and swapping recipes along the way. They discover the ultimate Black Forest Gateau in Germany, the most incredible pastries in Southern France and cook cakes that will tickle the tastebuds of all home bakers. This is a welcome return of the Hairy Bakers. These recipes will delight and will bring a freshness to all home baking.

The Hairy Bikers' Cookbook Aug 22 2023 With their zest for both adventure and food and their laugh-out-loud capacity for fun, the Hairy Bikers make a very entertaining pair, travelling on their motorbikes to the ends of the earth in search of great meals to bring home to their friends. The journeys are exciting, the locations and people are fascinating and the food is delicious and unpredictable - often caught by the boys and then prepared and cooked by the side of a river, on a boat or on the beach. Funny, endearing and down-to-earth, they will very easily find a place in the nation's hearts.

The Hairy Bikers Eat to Beat Type 2 Diabetes Jun 27 2021 THE NO.1 SUNDAY TIMES BESTSELLER. The bestselling, big-hearted and down-to-earth chefs, The Hairy Bikers, return with 80 of their very best Dieter recipes. Contains previously published recipes - brought together in a collection that's designed to help tackle type 2 diabetes for the first time. In this smaller-format black-and-white paperback, first of a new healthy eating series, the Hairy Bikers prove that you can still eat your favourite foods while staying healthy and losing weight. With their delicious, low-cal versions of traditional classics and family favourites, the Bikers take the deprivation out of restrictive diets and are here to help you shift the pounds. This book is full of information to digest and dieting hits to enjoy. The Bikers also share their own personal stories of their battles against type 2 diabetes, and hope to inspire readers as they start their own weight loss journey. Whether you've been struggling with type 2 diabetes for years or have recently been diagnosed, there's no better time to take action and make a change. 'The Hairy Bikers continue their mission to bring sunshine and variety to the notion of 'diet'. People need to eat food. People with type 2 diabetes also need to eat food. In this book Si and Dave apply their magic to square health needs with varied, enjoyable eating. If you are looking for new and interesting ways to eat, then this book is for you.' Professor Roy Taylor, bestselling author of Life Without Diabetes.

The Hairy Bikers' Family Cookbook Apr 25 2021 Si and Dave undertake a nationwide search for Britain's lost recipes - those forgotten gems or secret scribbles handed down through the generations - for a landmark BBC TV series. The Bikers send out a call-to-arms for mums, daughters and their grandmothers to unlock their private recipes and share with, and learn from, other mums.

The Hairy Bikers Blood, Sweat and Tyres Oct 20 2020 Si King and Dave Myers, AKA the Hairy Bikers have travelled an interesting road. Born in the north of England, both Si and Dave had their childhood challenges. For Si, being bullied as the fat kid in class was part of his daily school routine. For Dave, his life changed when he became a childhood carer for his mother. But through the challenges of their early years came a love of really good food. And it was food that brought Si and Dave together. Their eyes met over a curry and a pint on the set of a Catherine Cookson drama, and they knew they would be firm and fast friends for life. From deserts to desserts, potholes to pot roasts, the nation's favourite cooking duo reveals what's made their friendship such a special and lasting one. They've eaten their way around the world a good few times, but have never lost sight of what matters: great friends, great family and great food. In this heartwarming memoir of friendship and hilarious misadventure, Si and Dave take you on the ride of their lives!

The Hairy Bikers' Asian Adventure Feb 16 2023 In this BBC TV tie-in book, bestselling, big-hearted and down-to-earth chefs, The Hairy Bikers, tour Asia to find the best authentic recipes.

The Hairy Bikers' Mediterranean Adventure (TV tie-in) Jun 20 2023 The Hairy Bikers are on their bikes again, searching out the very best recipes from around the world. This time, they're discovering the most delicious food from our favourite Mediterranean countries. Including recipes from their prime time BBC Two cookery show, THE HAIRY BIKERS' MEDITERRANEAN ADVENTURE celebrates the culinary delights of France, Spain and Italy. With more of us understanding the health benefits of a Med diet, these hearty and healthy dishes are a taste of the very best holiday memories. Fresh, classic, easy and seasonal, enjoy our favourite Med recipes with the nation's favourite cooking duo!

The Hairy Dieters: Fast Food Apr 06 2022 Following on from their multi-million selling diet books, THE HAIRY DIETERS, THE HAIRY DIETERS EAT FOR LIFE and THE HAIRY DIETERS: GOOD EATING, the Hairy Bikers are back with more delicious low-cal recipes, that can all be made under 30 minutes. THE HAIRY DIETERS: FAST FOOD is jam-packed with tasty recipes for breakfast and brunch, soups, salads, mains and snacks, including Spicy Sweetcorn Fritters, Pasta with Chilli Prawns, Chicken Tagine and Instant Sorbet with Frozen Berries. Si King and Dave Myers, aka the Hairy Bikers, have been entertaining and feeding Britain with their unique blend of delicious recipes, cheeky humour and motorbike enthusiasm for years now. The Hairy Dieters books have sold over 2 million copies in the UK, and their fourth book is set to make healthy eating even easier. Si King and Dave Myers are the nation's favourite food heroes. The stars of numerous TV cookery series, they represent all that is good-hearted and loved about food.

The Hairy Bikers' British Classics May 19 2023 'Fabulous' DAILY MAIL In this brand-new collection of the finest classic recipes, Si King and Dave Myers, AKA the Hairy Bikers, celebrate the riches and delights of great home cooking. Always triple-tested, always full of flavour, Si and Dave's recipes are everything we love about great food. From savoury classics such as the perfect prawn cocktail, homely homity pie, rich Lancashire hotpot and herb-stuffed shoulder of lamb, to sweet crowd-pleasing puds like jam roly poly and deep-filled lemon meringue pie, there are recipe favourites on every page. With chapters on soups and salads, family suppers, classic comfort food, Sunday dinners, BBQ and picnics, tea time and puddings - this collection caters for all. It also has a fantastic Christmas section on classic festive feasts with all-new Biker twists. So, be inspired to cook the very best of the Bikers in this new collection of their favourite recipes and ever-popular modern British classics.

The hairy bikers' food tour of Britain Sep 18 2020

The Dumpling Sisters Cookbook Aug 18 2020 Over 100 deliciously fuss-free recipes from The Dumpling Sisters' Kitchen. Amy and Julie Zhang have been entertaining and educating their thousands of followers on Youtube with their recipes for deliciously easy homemade Chinese food - now THE DUMPLING SISTERS COOKBOOK brings you more of the easy Chinese recipes and advice that those fans have been clamouring for. Dedicated to and destined to be adored by every Chinese food lover, this book is full of Chinese-food favourites, impressive sharing dishes and even sweet treats that have been little acknowledged in a western understanding of Chinese food - until now. This is Chinese home cooking at its best. The recipes are structured as to give a gradual introduction to Chinese dishes, beginning with the simple; Best Ever Fried Rice, and working up to the more elaborate Cracking Five-Spice Roast Pork Belly, and are interspersed with the insider tips and tricks that the girls' Youtube fans adore. There is also a focus on Chinese culture and eating etiquette (for perfecting those chopstick skills), including sharing menu planner and a guide to shopping at the Chinese supermarket. Amy and Julie write with wit and gusto - they are the perfect cooks to take any food lover on a journey to discover real Chinese cooking.

The Hairy Bikers' Chicken & Egg Aug 10 2022 A sensational savoury celebration of our favourite bird with show-stopping puds, desserts and cakes made with the humble egg! Full to the brim with new ideas, family favourites and modern classics, this is the ultimate collection of fantastic chicken and egg recipes . . . Si King and Dave Myers love chicken. They also love eggs. In this, their biggest and best cookbook yet, the Hairy Bikers celebrate these most humble yet versatile of ingredients. What comes first? It's up to you. There are chicken soups and salads, eggy specials, an ultimate roasts section, smoky grills and hearty pies, everyday pasta and rice suppers, sensational spiced dishes and lots of ideas for making a little chicken go a long way. And to finish, there are irresistible puddings and cakes to peck at! Travelling the world to discover the very best chicken and egg recipes, Si and Dave have done it again. Chicken and Egg is a magnificent celebration of good food.

The Hairy Dieters Make It Easy Nov 01 2021 Losing weight is hard enough, so Si and Dave have written a fantastic collection of low cal recipes that make it easier than ever to stick to and enjoy a healthier diet. With the Hairy Dieters' trademark of knock-out flavours and hearty ingredients, these recipes will become your kitchen regulars. They are all easy on time, washing up, shopping and your waistline! Get ready to make it easy with Si and Dave's... 15 Minute fillers - super quick recipes Assembly jobs - no cooking Half a Dozen winners - recipes with six ingredients One Pot Wonders - forget the fuss and save on washing-up Batch cooking - getting ahead, cooking in bulk, freezing, saving money, having quick fixes ready to go when you're hungry Easy Peasy Puds - guilt-free sweetness and satisfaction It's time to lose weight, the easy way. It's worked for MILLIONS of readers, and it can work for you!

Hairy Bikers 12 Days of Christmas Signed Jun 15 2020

The Hairy Dieters: Good Eating Jun 08 2022 'The Hairy Bikers are back with a fresh set of dishes that are full of flavour but low in calories.' DAILY MAIL 'Make delicious, healthy dishes with Si and Dave.' BELLA 'A must-have book' CHOICE Following on from their multi-million selling diet books, THE HAIRY DIETERS and THE HAIRY DIETERS: EAT FOR LIFE, the Hairy Bikers share more delicious low-calorie recipes and easy-to-follow advice. Si King and Dave Myers, aka the Hairy Bikers, have been entertaining and feeding Britain with their unique blend of tasty recipes, cheeky humour and motorbike enthusiasm for years now. The Hairy Dieters books have sold nearly 2 million copies in the UK and their third diet book provides even more low-cal family favourites. Si King and Dave Myers are the nation's favourite food heroes. The stars of numerous TV cookery series, they represent all that is good-hearted and loved about food.

The Hairy Bikers Ride Again Jan 03 2022 Dave and Si are caving up the roads of the world on their motorbikes in search of adventurous food and foodie adventures. Their infectious enthusiasm and natural charm makes them a joy to watch and their delicious, relaxed food is a pleasure to cook and eat.

The Hairy Bikers' Veggie Feasts Jan 15 2023 THE IRRESISTIBLE NEW SUNDAY TIMES BESTSELLER. At last, vegetarian and vegan food Bikers' style! In this brand-new collection of down-to-earth yet satisfying meat-free dishes, Si and Dave have gathered together their most hearty and warming comfort food ... that just happen to be vegetarian! Triple tested, with maximum taste and minimum fuss, these recipes are simply epic. Si and Dave have been on a mission. They've travelled the world to discover the very best meat-free recipes that shake off the dull and add the delicious. There's no meaty sacrifice here, just fantastic food. From the ultimate veggie curries to the perfect crowd-pleasing tray bakes, satisfying soups, pastas and pies to a veggie twist on burgers, barbecues and a banging breakfast brunch, The Hairy Bikers' Veggie Feasts is bursting with meat-free delights you'll turn to time and time again, all made with ingredients that can be bought easily and won't cost the earth. With savoury favourites like Chilli Bean Bake and Indian Shepherd's Pie, snacks including Pickled Onion Bhajis and Cheese and Marmite Scones, and sweet treats like Jammy Dodgers and the ultimate Chocolate Brownies, this new cookbook will be your meat-free bible. Si and Dave have made it even easier - and more delicious - to eat meat free. These recipes are a real turnip for the books ... so get cooking and enjoy. THE HAIRY BIKERS' NEW BOOK - THE HAIRY BIKERS' BRILLIANT BAKES - IS OUT NOW!

The Hairy Dieters' Simple Healthy Food Mar 05 2022 The nation's favourite food heroes, aka the Hairy Dieters, are back to

show you that losing weight and staying healthy doesn't mean losing out on taste and enjoyment. With more than 80 great new recipes, Si and Dave prove that healthy food can be delicious food - and also easy, accessible and affordable. With the abundance of health and nutrition information being published, it can be hard to keep up with what's good for you and what's not; what the latest advice is on low-fat products; or what you need to know about gut health or high fibre diets. As consumers, we are constantly bombarded by conflicting messages about what to eat and when - and unsurprisingly this can become overwhelming. Ten years on from the release of their first, multi-million copy selling diet book, **THE HAIRY DIETERS**, Si and Dave are aware of how confusing this can be. **THE HAIRY DIETERS: SIMPLE HEALTHY FOOD** is here to provide clear, simple nutritional ground rules - based on the advice of medical experts, including Professor Roy Taylor, and professional athletes - and delicious low-cal recipes to help you eat well, lose weight and stay healthy for the long term. This book is brimming with good-hearted healthy food, including tasty ways to start the day, light takes on lunch, speedy snacks, satisfying dinners and brilliant batch-cook basics. All made with easy-to-find ingredients and packed with the Hairy Bikers' trademark knockout flavours, so you won't feel like you're missing out when you cook from this book - these are healthy meals that the whole family will love.

The Hairy Bikers' Great Curries May 07 2022 The Hairy Bikers celebrate the nation's favourite dish - the curry.

The Aubergine Cookbook May 15 2020 Feed your aubergine obsession! Discover surprising new ways to cook, serve and eat this king of veg. No longer the 'poor man's meat', aubergine can be transformed into impressive dishes with these 60 brand new recipes ranging from Aubergine Fritters with Honey and Goats Cheese, to Sicilian Aubergine Pizza, Persian Stuffed Aubergine, and even Aubergine Chocolate Cake. Whip up exotic yet simple mid-week suppers, impress friends and feed a crowd, and even convert aubergine haters with these creative and delicious recipes, packed with flavour.

The Hairy Bikers Eat to Beat Type 2 Diabetes Feb 04 2022 The Hairy Bikers continue their mission to bring sunshine and variety to the notion of 'diet'. People need to eat food. People with type 2 diabetes also need to eat food. In this book Si and Dave apply their magic to square health needs with varied, enjoyable eating. If you are looking for new and interesting ways to eat, then this book is for you.' Professor Roy Taylor, bestselling author of *Life Without Diabetes*. Si King and Dave Myers, aka the Hairy Bikers, have been looking after their weight and health for nearly ten years, but before they started writing the Hairy Dieter cookbooks they were both overweight and heading for health problems. They had high blood pressure and high cholesterol, and Dave was on the borderline for type 2 diabetes. But with the help of a carefully crafted, low-cal yet delicious diet, they turned things around. In this exciting new series, the Hairy Bikers prove that you can still eat your favourite foods while staying healthy and losing weight. Aiming to take the deprivation out of restrictive diets, Si and Dave have gathered 80 of their favourite recipes to help you shift some pounds and get your health back on track. Packed with hearty meals that are full of flavour but low on calories, with this book the Bikers take the deprivation out of restrictive diets and make eating well easier and more satisfying than ever before. Whether you've been struggling with type 2 diabetes for years, or have recently been diagnosed, there's no better time to take action and make a change than now. With a foreword by Professor Roy Taylor, bestselling author of *Life Without Diabetes*, this book is packed with easy-to-understand advice and simple and tasty recipes.

Hiroko's American Kitchen Jul 17 2020 125 new recipes that highlight the best of Japanese cuisine, but in new, simpler ways.

The Hairy Bikers' Food Tour of Britain Nov 20 2020 Eat, cook and enjoy the best of our counties' traditional food with the Hairy Bikers Great Food Tour of Britain... With their irrepressible enthusiasm for great food, Si King and Dave Myers AKA the Hairy Bikers travel the length and breadth of Britain to discover our finest traditional foods. Touring the counties of Britain on their trusty triumphs, Si and Dave celebrate local recipes and chefs from the villages and towns they explore. Creating delicious meals from local produce they inspire with their bubbling enthusiasm. Find out where the best sausages are made, why Ludlow has become the foody Mecca of the Shires and discover the century-old recipe for gingerbread with a hint of rum and port. Si and Dave are self-confessed life-long foodies. They celebrate each ingredient and create delicious dishes while providing some laughs along the way. **THE HAIRY BIKERS' FOOD TOUR OF BRITAIN** puts the passion back into cooking and inspires readers to eat the best of British.

The Hairy Bikers Cookbook Sep 30 2021

Mums Still Know Best Feb 21 2021 The biggest non-fiction book of spring 2011 from Hairy Bikers Si & Dave, No.1 bestselling authors and stars of BBC'S **MUMS KNOWS BEST**. When Hairy Bikers, Si and Dave, toured the country in search of ordinary Mums and their families' favourite recipes, they had no idea they would unearth such a wealth of talent, tradition and nostalgia. So began their search for the dishes we love best. This beautiful cookbook brings together over 100 of the nation's favourite recipes from the second series of BBC2's **MUMS KNOW BEST**. It includes Si and Dave's personal family recipes as well as their favourite recipes that they discover through the mums they meet and the recipe fairs they hold. Episodes include Comforting Food, High Tea, School Dinners and Al Fresco. An irresistible collection of recipes that will inspire you to keep cooking with love for the people that matter to you most.

Trap Kitchen Apr 13 2020 "Jenkins and Smith, who once belonged to rival L.A. gangs, became friends and started a catering business marketed solely on Instagram. Media outlets took notice, as did Snoop Dogg and Martha Stewart, paving the way for their debut cookbook" – Publishers Weekly When two former members of Los Angeles' most nefarious rival gangs decided to unite under one oven, they had no idea that they would be creating an empire. Trap Kitchen is more than just a cookbook. It's a glimpse into the meals that have now become famous in the LA streets thanks to the series of pop-up restaurants that continue to bloom throughout the area. Celebrities and residents alike flock to the locations for soulful meals, but it's more than that. Having lost friends and family to violence, we learn how the masterminds behind Trap Kitchen sought to change the paths they were on, using cooking as their driving force. While other cookbooks may boast a level of urban-skewed appeal in their realness, this cookbook also delves into the stories of why they became involved in cooking in the first place. It's both a heartfelt and stomach-filling experience to learn how two men changed their stars by seeking out peace and good food for themselves and

their community.

The Hairy Dieters Eat for Life Jul 09 2022 Following on from their No. 1 bestselling diet book, THE HAIRY DIETERS, the Hairy Bikers share more delicious low-calorie recipes and easy-to-follow advice. Si King and Dave Myers, aka the Hairy Bikers, have been entertaining and feeding Britain with their unique blend of tasty recipes, cheeky humour and motorbike enthusiasm for years now. THE HAIRY DIETERS has sold over 1.2 million copies in the UK and this, their second diet book, delivers even more low-cal family favourites. Packed with 80 delicious low-calorie recipes, tips, and techniques to learn, this collection of diet recipes is the Hairy Bikers at their best. Si King and Dave Myers are the nation's favourite food heroes. The stars of numerous TV cookery series, they represent all that is good-hearted and loved about food.

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